SNIS

WEEK 04 | MEAL PLANNER

ACADEMIC YEAR 2026-27

WEEKLY DINING SCHEDULE

DAY	BREAKFAST 7:40 - 8:30 am	MID-MORNING SNACK 10:45 - 11:00 am	LUNCH 12:20 - 1:35 pm Staff & Kids	SNACK 3:15 pm	EVENING SNACK 5:45 - 6:00 pm Boarders	DINNER 7:45 - 8:15 pm	POST DINNER Boarders
MONDAY	Cornflakes / Chocos Plain bread / Toast Butter / Jam / Honey Milk (hot & cold) Masala omelette Plain omelette Bisi Bele Bhat with Akki Roti Tomato & coconut chutney Double-decker sandwich Roasted Seasonal fresh fruit	Mousambi juice Tea / Coffee Rusk	Red pasta with sautéed garden veggies Garlic bread Savory white chickpeas Aloo Bhindi Tomato rice Plain rice & Sambar Indian bread - Chapati Yogurt Green salad Dessert - Milk Cake	Fruit juice Tea / Coffee Zingy Parcel	Chocolate milkshake Bread roll with chutney	Malai Chicken Malai Paneer Chana Dry Plain rice & Rasam Indian bread - Naan Yogurt Green salad	Milk
TUESDAY	Cornflakes / Muesli Plain bread / Toast Butter / Jam / Honey Milk (hot & cold) Boiled egg Onion and plain Uttapam Korma & coconut chutney Assorted sandwiches Seasonal fresh fruit	Chocolate milkshake Tea / Coffee Red Velvet Cake	Sizzling American Chop Suey Palak Paneer Soya Matar Dry Mint rice Bhel Poori Plain rice & Rasam Indian bread - Tandoori Roti Yogurt Green salad	Fruit juice Tea / Coffee Samosa	Hot milk with Bournvita Mini Burger	Chicken Dum Biryani Veg Dum Biryani Raita Dal Muglai Plain rice & Rasam Indian bread - Chapati Yogurt Green salad Dessert - Pastry	Milk
WEDNESDAY	Cornflakes / Chocos Plain bread / Toast Butter / Jam / Honey Milk (hot & cold) French Toast Pav Bhaji Thepala with Mango Pickle Seasonal fresh fruits	Fresh lime juice Tea / Coffee Orange Butter Sandwich	Chicken Tikka Masala Paneer Tikka Masala Aloo Methi Plain rice & Sambar Indian bread - Wheat Kulcha Yogurt Green salad Plain Lassi / Buttermilk	Fruit juice Tea / Coffee Cheese Corn Bun	Mosambi juice Onion & Potato Pakoda	Thai Dish (outsourced) Egg Masala Yellow Dal Tadka Aloo Capsicum Plain rice & Rasam Indian bread - Chapati Yogurt Green salad Dessert - Banana Cake	Milk
THURSDAY	Cornflakes / Muesli Plain bread / Toast Butter / Jam / Honey Milk (hot & cold) Boiled egg Idli Vada with Sambar & Chutney Danish Seasonal fresh fruit	Watermelon juice Tea / Coffee Cookies	Veg Burned Garlic Fried Rice Egg Burned Garlic Fried Rice Garlic Sauce Lobia Curry Chef Special Veg Coconut rice Plain rice & Sambar Indian bread - Chapati Yogurt Green salad Dessert - Fruit Custard	Fruit juice Crispy Veg Puff	Cold Badam milkshake Cheese Maggie	Chicken Masala Paneer Masala Bhindi Masala Dry Plain rice & Rasam Indian bread - Tandoori Roti Yogurt Green salad	Milk
FRIDAY	Cornflakes / Chocos Plain bread / Toast Butter / Jam / Honey Milk (hot & cold) Masala omelette Plain omelette Paneer Parantha with Mint Chutney & Curd Seasonal fresh fruit	Orange juice Tea / Coffee Banana	Chicken Delight Pizza Veg Delight Pizza Gatte Ki Sabzi Plain rice & Sambar Indian bread - Chapati Yogurt Green salad	Fruit juice Tea / Coffee Spring Roll	Cold Coffee Corn Sandwich	Thai Dish (outsourced) Dal Nawabi Tadka Egg Bhurji Paneer Bhurji Plain rice & Rasam Indian bread - Methi Chapati Yogurt Green salad Dessert - Pumpkin Halwa	Milk
SATURDAY	Cornflakes / Muesli Plain bread / Toast Butter / Jam / Honey Milk (hot & cold) Boiled egg Scrambled egg Semiya Upma with Coconut Chutney Dal Vada Seasonal fresh fruit	Pineapple juice Peanut Butter Sandwich	Creamy Veggie Macaroni Egg Curry Black Chana gravy Khichdi Plain rice & Rasam Indian bread - Tandoori Roti Green salad Dessert - Pastry	-	Orange juice Kachori Chaat	Chicken Punjabi Curry Rajma Jeera Aloo Rasam / Plain rice Indian bread - Chapati Yogurt Green salad Dessert - Dark Coco Cake	Milk
SUNDAY	Cornflakes / Chocos Plain bread / Toast Butter / Jam / Honey Milk (hot & cold) Egg - Live Counter Choley Bhatura Cheese Corn Sandwich Fresh cut fruits	Strawberry milkshake Tea / Coffee Plain Cake	Veg Chow Chow Chilli Bean Noodles Egg Chow Chow Chilli Bean Noodles Honey Chilli Potato Traditional Pappu Dal Plain rice & Rasam Indian bread - Tandoori Roti Yogurt Green salad Salad / Papad / Pickle Flavorful Ice Cream Splash	-	Sweet Jaljeera Potato Cheese Ball	Butter Chicken Masala Butter Paneer Masala Beetroot Bliss Plain rice & Rasam Indian bread - Kulcha Yogurt Green salad Dessert - Blueberry Muffin	Milk