SNIS

WEEK 03 | MEAL PLANNER

ACADEMIC YEAR 2026-27

WEEKLY DINING SCHEDULE

DAY	BREAKFAST 7:40 - 8:30 am	MID-MORNING SNACK 10:45 - 11:00 am	LUNCH 12:20 - 1:35 pm Staff & Kids	SNACK 3:15 pm	EVENING SNACK 5:30 - 5:45 pm Boarders	DINNER 7:45 - 8:15 pm	POST DINNER Boarders
MONDAY	Cornflakes/ Chocos Plain Bread / Toast Butter/Jam/ Honey Milk (Hot & Cold) Masala Omelette Plain Omelette Khara Pongal with Coconut Chutney Sweet Pongal Masala Vada Crunchy Sandwich Seasonal Fresh Fruit	Mosambi Juice Tea/Coffee Cookies	Arabieta Pasta Garlic Bread Rajma Aloo Matar Dry Jeera Rice Indian Bread - Tandoori Roti Plain Rice & Sambar Yogurt Green Salad Dessert - Brownie	Fruit Juice Tea/Coffee Maska Bun	Hot Bournvita Milk Kachori	Chicken Malabar Paneer Lababdar Baigan Masala Indian Bread - Kulcha Plain Rice & Rasam Yogurt Green Salad	Milk
TUESDAY	Cornflakes/ Muesli Plain Bread / Toast Butter/Jam/ Honey Milk (Hot & Cold) French Toast Masala Dosa with Sambar & Chutney Bombay Sandwich Seasonal Fresh Fruit	Stawberry Milk Shake Tea/Coffee Rusk	Schezwan Veggie Noodles Schezwan Egg Noodles Veg Balls in Schezwan Sauce Paneer Lababdar Dahi Balla Chaat Tomato Rice Plain Rice & Rasam Indian Bread - Chapati Yogurt Green Salad	Fruit Juice Tea/Coffee Crispy Veg Puff	Banana Milkshake Grilled Corn Sandwich	Chicken Curry Dal Muglai Beetroot Bliss Indian Bread - Chapati Plain Rice & Rasam Yogurt Green Salad Dessert - Strawberry Pastry	Milk
WEDNESDAY	Cornflakes/ Chocos Plain Bread / Toast Butter/Jam/ Honey Milk (Hot & Cold) Boiled Egg Choley Puri Plain Parantha Chilli Cheese Toast Seasonal Fresh Fruit	Orange Juice Tea/Coffee Banana Cake	Southern Chicken Dum Biryani Southern Veg Dum Biryani Mixed Yogurt Raita Moong Masoor Dal Tadka Indian Bread - Chapati Plain Rice & Rasam Yogurt Green Salad Plain Lassi/ Butter Millk	Fruit Juice Tea/Coffee Donut	Lemon Juice Mini Pizza	Thai Dish (Outsourced) Green Dal Tadka Egg Bhurji Paneer Bhurji Plain Rice & Rasam Indian Bread - Chapati Yogurt Green Salad Dessert - Balushahi	Milk
THURSDAY	Cornflakes/ Muesli Plain Bread / Toast Butter/ Jam/ Honey Milk (Hot & Cold) Boiled Egg Idli Vada with Sambar & Chutney Crossaint Seasonal Fresh Fruit	Watermelon Juice Tea/Coffee Green Sandwich	Sizzling American Chop Suey Paneer Kali Mirch Chef Special Veg Tangy Puliyogare Rice Plain Rice & Sambar Indian Bread-Tandoori Roti Yogurt Green Salad Dessert - Mysore Pak	Fruit Juice Tea/Coffee Veg Roll	Milkshake Maggie Mania	Chicken Creamy Pasta Veg Creamy Pasta Yellow Dal Tadka Lauki Chana Dal Dry Plain Rice & Rasam Indian Bread - Chapati Yogurt Green Salad	Milk
FRIDAY	Cornflakes/ Chocos Plain Bread / Toast Butter/ Jam/ Honey Milk (Hot & Cold) Masala Omelette Plain Omelette Aloo Parantha with Mint Chutney & Ccurd Corn Cheese Sandwiches Seasonal Fresh Fruit	Pineapple Juice Tea/Coffee Banana	Mayo-Licious Chicken Burger Mayo-Licious Veg Burger French Fries Lobia Gravy Coconut Rice Plain Rice & Sambar Yogurt Green Salad	Fruit Juice Tea/Coffee Green Chutney Sandwich	Strawberry Milk Shake Samosa	Thai Chicken Dish (Outsourced) Black Chana Gravy Egg Masala Mixed Veg Dry Rice & Rasam Indian Bread - Chapati Yogurt Green Salad Dessert - Muffins	Milk
SATURDAY	Cornflakes/ Muesli Plain Bread / Toast Butter/ Jam/ Honey Milk (Hot & Cold) Scrambled Egg Boiled Egg Onion Uttapam with Sagu and Coconut Chutney Seasonal Fresh Fruit	Mix Fruit Juice Tea/Coffee Peanut Butter Sandwich	Veg Fried Rice Delight Egg Fried Rice Delight Paneer Manchurian in Hot Sauce Dal Dhaba Soya Matar (Keema) Plain Rice & Rasam Indian Bread - Chapati Yogurt Green Salad Dessert -Jalebi	-	Bournvita Milk Dahi Papdi Chaat	Royal Murg Mussallam Urad Chana Dal Tadka Gajar Matar Plain Rice Rasam Indian Bread-Chapati Yogurt Green Salad Dessert - Choco Cake	Milk
SUNDAY	Cornflakes/Chocos Plain Bread / Toast Butter/ Jam/ Honey Milk (Hot & Cold) Eggs - Live Counter Aloo Puri Veg Grilled Sandwich Seasonal Fresh Fruit	Chocolate Milkshake Cake	Egg Curry Navratan Dal Tadka Gobi Aloo Matar Sabzi Khichdi Plain Rice & Rasam Indian Bread- Naan Yogurt Green Salad Salad/Papad/Pickle Flavorful Ice Cream Splash	-	Lemon & Mint Mojito Juice Hara Bhara Kabab	Chicken Dum Biryani Veg Dum Biryani Mixed Yogurt Raita Lobia Curry Plain Rice Rasam Yogurt Green Salad Dessert - Donut	Milk

Menu items reproduced from the approved Week 03 meal schedule.