

Kaleidoscope

PYP Magazine - January 2023



Kaleidoscope - PYP Magazine

Our blank canvas filled with a kaleidoscope of our ponderings

Our minds are like a Kaleidoscope. Every instant changes take place through new learning and experience, its contents change, new harmonies, new contrasts, new combination of every sort, images swirling, changing hues, new patterns shine through.

Like the kaleidoscope our minds are ever-changing, with no two minds being alike. As a kaleidoscope operates on the principle of multiple reflections, so does our mind.

If we pick up a kaleidoscope and look through it, we can witness the beauty of colours and patterns of light and reflection. It is the same when expressing ourselves. Each of us, inside, have our own patterns and reflections. Our feelings, thoughts, ideas, memories, which when shared through words, through similes, metaphors, analogies, gets us a little closer to see the colours that make our minds so beautiful.

Peek into our magazine 'Kaleidoscope' where light reflects shades of every colour, in bits and pieces but exquisitely beautiful nevertheless!

Our world looks universally more beautiful through our KALEIDOSCOPE!



Why PYP Magazine?

A School's magazine holds up a mirror, a mirror that reflects the soul of the education system. It resonates our learning culture, identity of the educational institutions and is an integral part of the education system. School magazines are also voices and aspirations of students, a bridge that communicates with parents and teachers, a social document of creative blend where essays, poems, plays and stories usually hidden inside classrooms and notebooks find a stage with spot lights for all to see. The added impetus of seeing their name in print can make the students try their best as a writer, this is an endeavour by SNIS to ignite the little creative minds to spark and pave way for wonderful literary work. Each individual is an entity of immense potential and creativity which requires proper exploration and manoeuvre by the school and teachers.

School magazines give the young and talented writers an opportunity to feel intently, observe keenly, think deeply and thereby express themselves in a distinct way.

SNIS's PYP magazine 'KALIEDOSCOPE' hopes to channelize the budding talented writers of PYP in encouraging their writing skills by appraisal which inspires and motivates them to read and write much more.

Our students have a lot of potential within them which needs proper channelization and outlet. KALIEDOSCOPE' will provide a wonderful podium for these young potentials to showcase their talent as writers and express themselves into a conglomeration.

Finally, the PYP magazine can serve as a great memoir to recollect fond memories of School Life during primary years. Therefore, it's a little precious piece of childhood captured in words.

Ariel Shot

From the Desk of our PYP Coordinator



Empowering Students Through Agency

"If you don't think you can learn and have fun at the same time then I'm not sure you understand either". Randy Pausch

We often speak about giving ownership to students in the classroom. There has always been a debate about this topic. Is it really correct to authorize students in deciding what they want to plan and implement? Teachers are always in two minds to decide whether student agency will promote meaningful learning or distract the classroom discipline and shift the focus of the lesson plan.

It's completely reasonable to think that shifting focus towards giving possession of learning to children might deviate from lesson topic and inquiry focus, but in real, it's the other way round.

IB always encourages teachers to approach things from new perspectives and ideas. Therefore, during one of our Inset sessions, I allocated and planned two days' workshop for teachers on Implementing Agency in the Classrooms.

The Key understanding about Agency is that it moves from compliance to empowerment

Compliance Engagement Empowerment

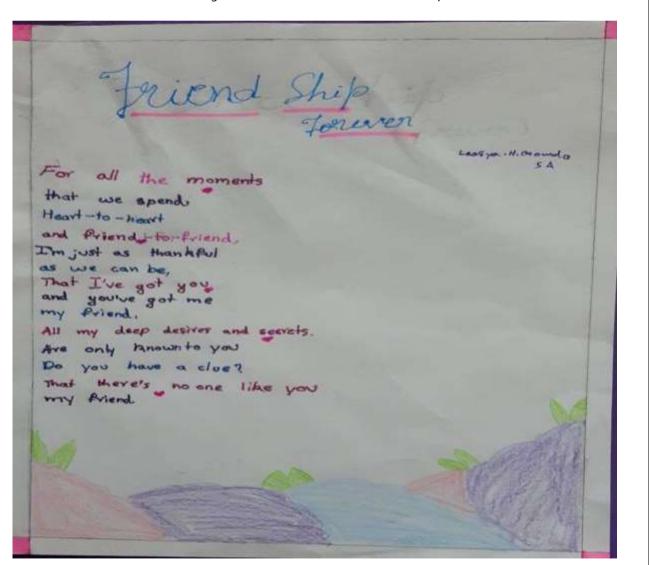
Compliance makes followers but empowerment makes leaders. Empowering doesn't mean letting students do whatever they want. Empowering means to give voice and let students follow teacher's directions to get trained. It helps students to find the right path. Interpretation of giving a voice to students means to help them find the best way to research, letting them create something of their choice without deviating from the topic, allowing them to present things the way they want to showcase, rather than being authoritative. So what happens during this time in the classroom? The simple answer is that students learn the written curriculum involving themselves into activities that interests them the most. They build on their prior knowledge and skills to pursue their passions and interests.

In all our collaborative meetings, as a team of teachers, we plan activities that give students the chance to be responsible for their own learning. We discuss the possible actions that students may take as a result of their learning. We also share our ideas about ways students can develop research and thinking skills. We consider Agency as a chance to reinforce the implementation of inquiry-based teaching and constructivism, in helping our students to maximize their potential. This helps our students to think that they can control their learning process though their choice and that their voice will always be heard. This way, we accomplish our learning goals and celebrate the achievements of all students.

From the Authors of Grade 5A



My Poem on Friendship



From the Authors of Grade 5A



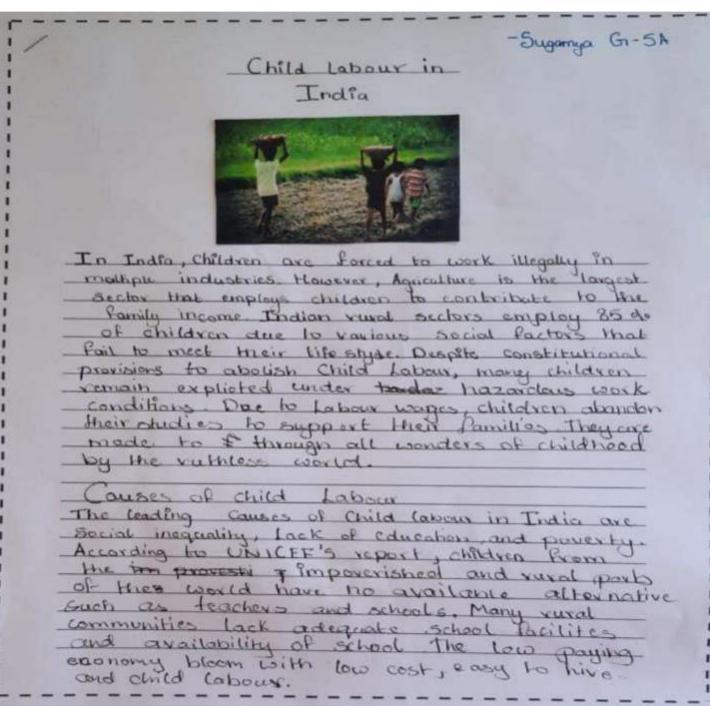
Poem on my Passion



From the Authors of Grade 5A



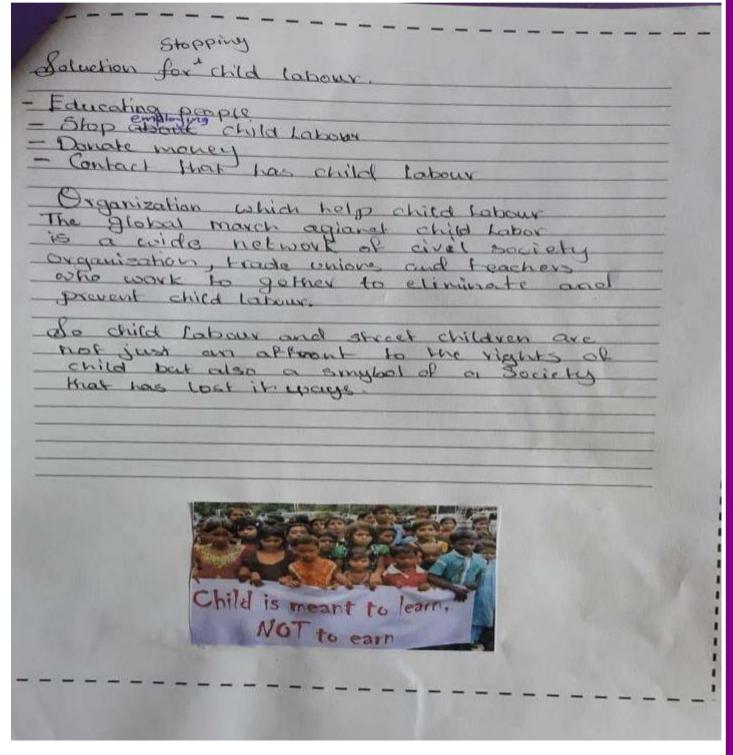
Informational Report on Child Labour



From the Authors of Grade 5A



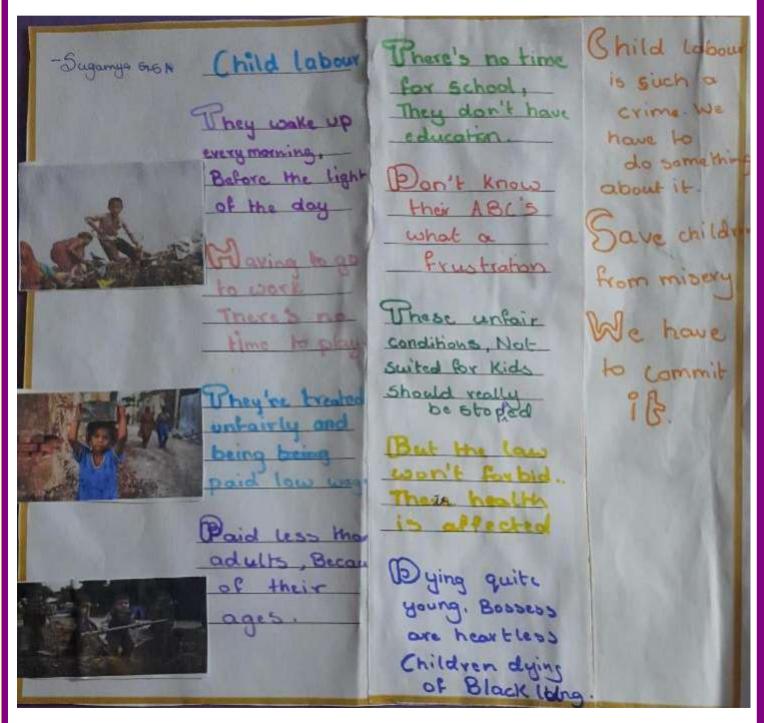
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From the Authors of Grade 5A



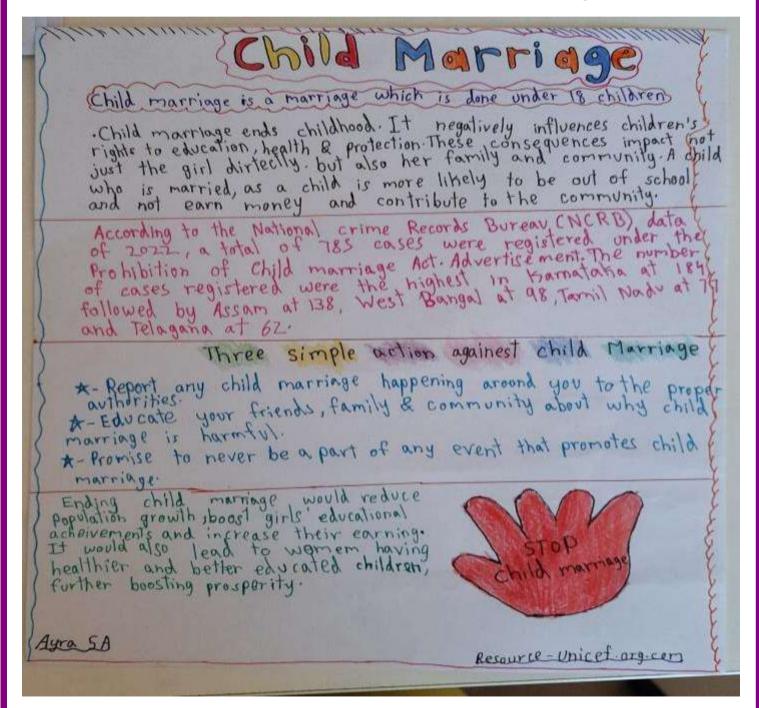
Poem on Child Labour



From the Authors of Grade 5A



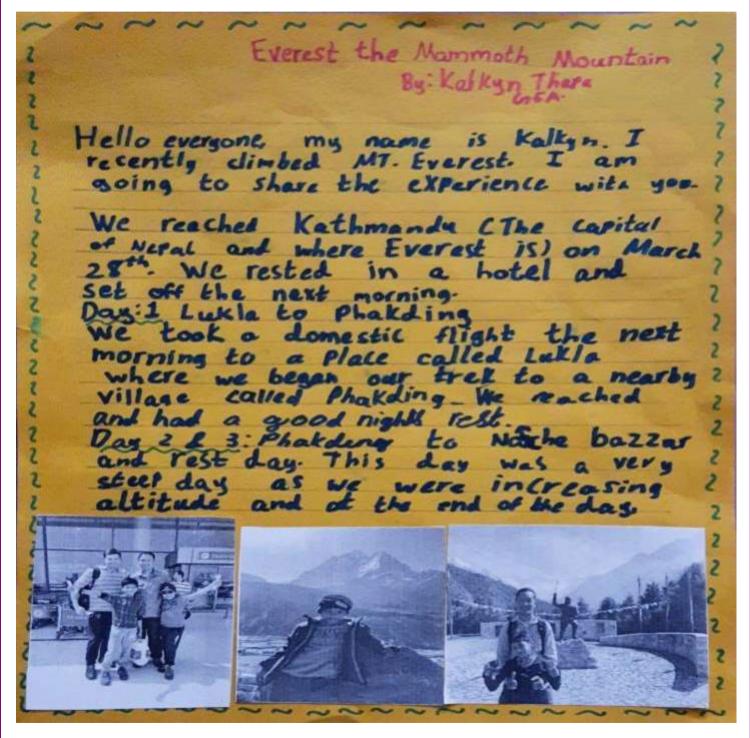
Informational Report on Child Marriage



From the Authors of Grade 5A



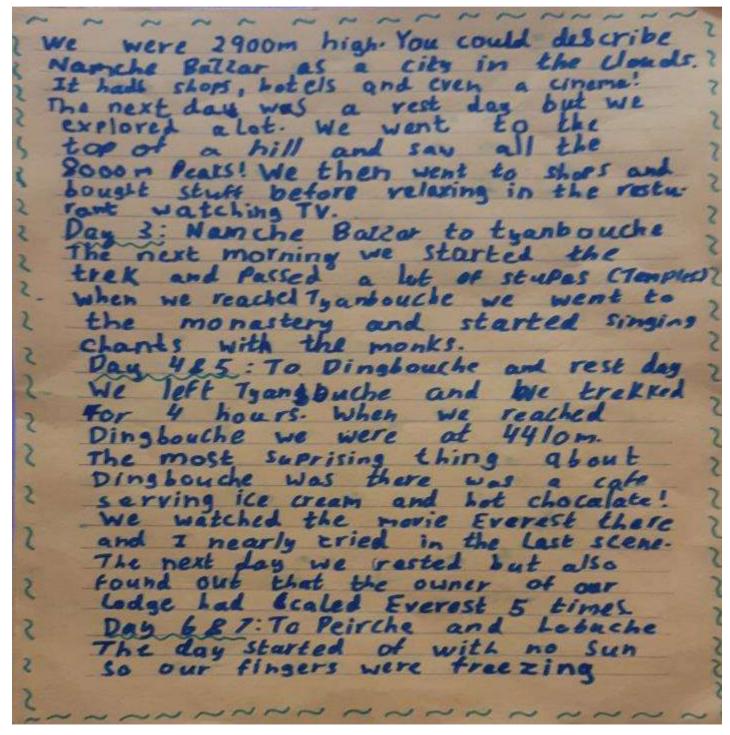
Personal Narrative



From the Authors of Grade 5A



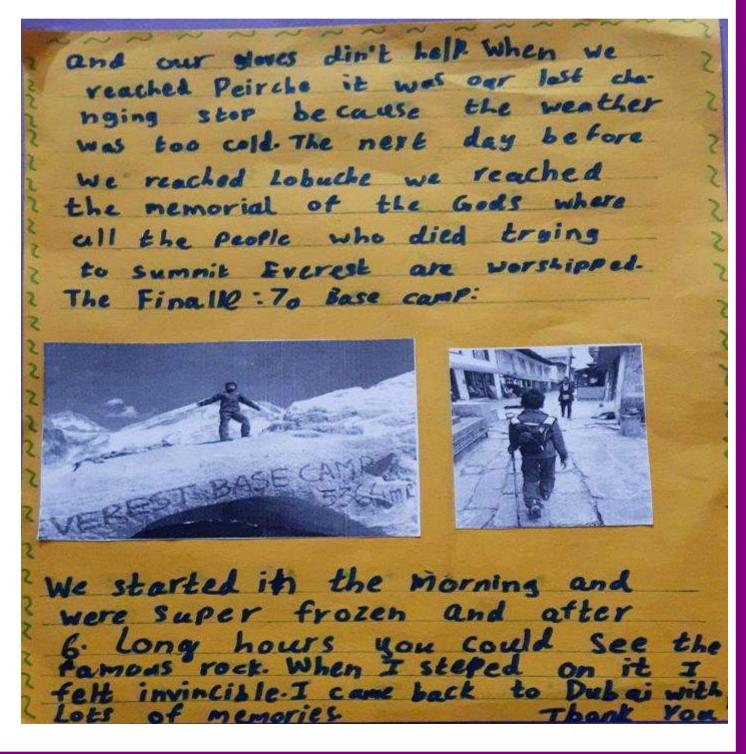
Personal Narrative Continued



From the Authors of Grade 5A



Personal Narrative Continued



From the Authors of Grade 5A



Alien Day Tour

If an alien were to visit Earth for the day, I would first ask it questions to learn more about its civilization and planet of origin. I would also show it around Earth, visiting different locations and introducing it to various human cultures and ways of life. I would also try to communicate with it and establish a mutual understanding. It would be a great opportunity to learn more about the universe and the possibility of extraterrestrial life.

In addition to the things I mentioned earlier, I would also take the alien to visit scientific and technological facilities, such as research centers, universities and space agencies, to give it a sense of humanity's current level of advancement. We could also visit historical and cultural landmarks, such as museums, art galleries, and historical sites, to give the alien an understanding of human history and achievements.

If possible, I would also take the alien to meet with different leaders and experts in fields such as politics, science, and the arts, to gain their perspectives on humanity and the state of the world. I would also want to spend some time outdoors, showing the alien different types of flora and fauna, and the natural beauty of our planet. I would take it to different regions, such as the ocean, mountains, and deserts, to showcase the diversity of our planet's ecosystems.

I would also like to document the alien's visit, taking photos and videos to share with the world and for future reference. The opportunity to host an extraterrestrial visitor would be a once in a lifetime experience and I would want to make the most of it.

Of course, throughout the day I would also be mindful of the alien's well-being, making sure it is comfortable and safe at all times. I would also take into consideration any specific needs it may have, such as dietary restrictions or environmental requirements.

From the Authors of Grade 5A



Alien Day Tour Continued

It would also be important to consider the potential impact of the alien's visit on Earth and humanity as a whole. I would discuss this with experts and leaders to ensure that the visit is conducted in a responsible and ethical manner. If possible, I would also try to establish some form of ongoing communication with the alien's home planet and civilization. This could potentially lead to future visits and greater understanding and cooperation between our two worlds.

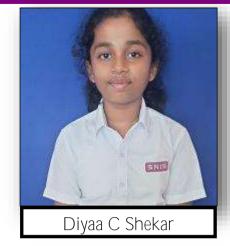
Overall, hosting an alien visitor for the day would be an incredible opportunity to learn, to share and to make a connection with a new intelligent life form. I would take advantage of this opportunity to its fullest and to make it a memorable experience for all involved. Another thing that I would do with the alien would be to take it on a tour of the night sky. From Earth, we have a great view of the stars and galaxies, and it would be fascinating to see what the alien's perspective on our cosmic neighborhood would be. We could also visit an observatory and use telescopes to look at different celestial objects.

Also, I would try to organize a cultural exchange with the aliens. We could share music, art, and literature from our respective worlds. It would be a unique opportunity to learn about the different forms of expression and creativity that exist in the universe.

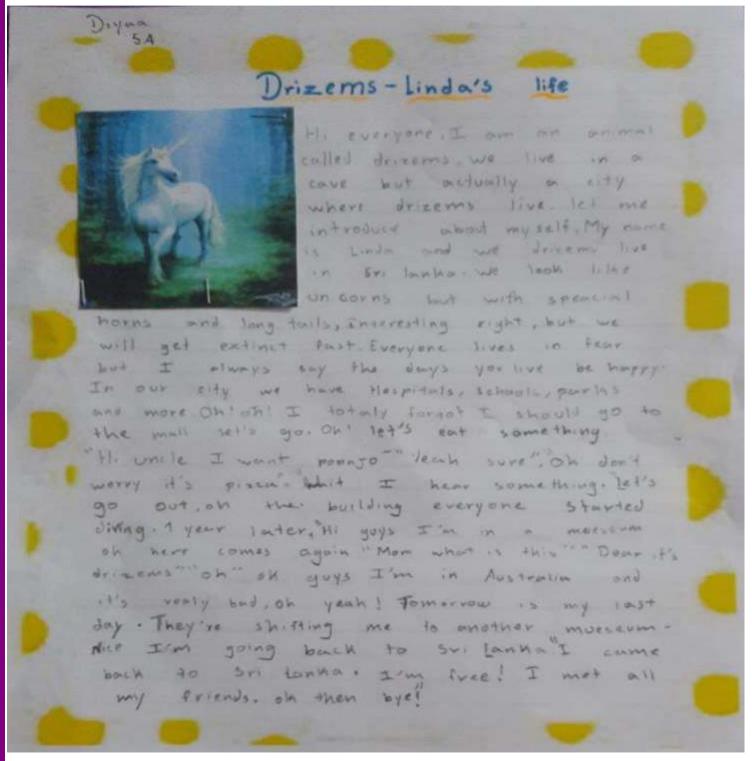
Another interesting activity would be to take the alien to a sports event, such as a football or baseball game. The alien would be able to see how we use sports as a way to bring people together and to foster a sense of community.

Finally, I would like to invite the aliens to meet with people from different walks of life. It could be a chance to talk with people from different age groups, cultures, and backgrounds. It would be an opportunity to see the diversity of humanity and the richness that it brings to our world.

From the Authors of Grade 5A



Personal Narrative



From the Authors of Grade 5 B



Sharelle Ann DSouza

Biography on Enid Blyton, author of the novel 'Secret Seven'



Enid Blyton

"Leave something for somethe don't leave somethe For something "- Enid Blyton Enia Phyton is one of my favorite authors her books have been worldwille bestsellers since 1930, and her books have sold more than 600 million copies Her books are translated into 40 languages. Early life Enid Mary Blyton was born on 11 August 1897, in East Dulwich London, United Kingdom Shortly after her birth, her parents moved to Beckenham in Kent and Enid Blyton spent her childhood there Early Bligton and Carey Blyton were sibilings of Blyton Her father was cuttery solesman as a young man, and they both had a lovely bonding with eachother. They use to do many things like gardening arts, music and literature. Her mother Theresa Mary Harrison Blyton did not have a good relationship with Bigton because she expected her daughters to do

From the Authors of Grade 5 B



Sharelle Ann DSouza

Biography Continued

household chores hut gave her sons more Freedom, which Epid Blyton did not like She studied at losswich High school and her days at School were happy she was a bright girl with good memory, and she was very good at art and nature Study but she struggled with mothermatics. Blyton's hobby was reading and she wanted to be a author, but her parents wanted her to be a professional musician. Enid Blyton started writing at school and was Inspired by Lewis Carroll, Greorge Mac-D-Ohald, Louisa May Alcott.

Adulthood

Blyton was more interested in writing and put her whole mind into writing in 1924. Then she wrote more than 600 children books and whote articles for magazines in 1965. Alyton trained to be a teacher and governess, but she continued to write stories and poems.

In 1972 a book of her poems called 'Child whispers, was published. About Jurs later She become a full time writer Blyton wrote hundreds of children books and Stories. On 28th August 1924, Enid Buton married Hugh Alexander Pollock who was a editor of the book 'Department' for the publishing firm George Neuros. Then they had 2 children Imagen Mary Smallood and Gillian Bayer Stock. Key Events Enid Byton wrote beetween 600 and 700 loooks, Famous Five is her best selling book, and he hoped to become a published author one day Her dream was fulfilled when her first boots "Child whisper was published on 1922 Achiv monts Enid Blyton is in the Guiness Book of Records as one of the world's biggest selling writers. She also wrote more books than

From the Authors of Grade 5 B



Sharelle Ann DSouza

Biography Continued

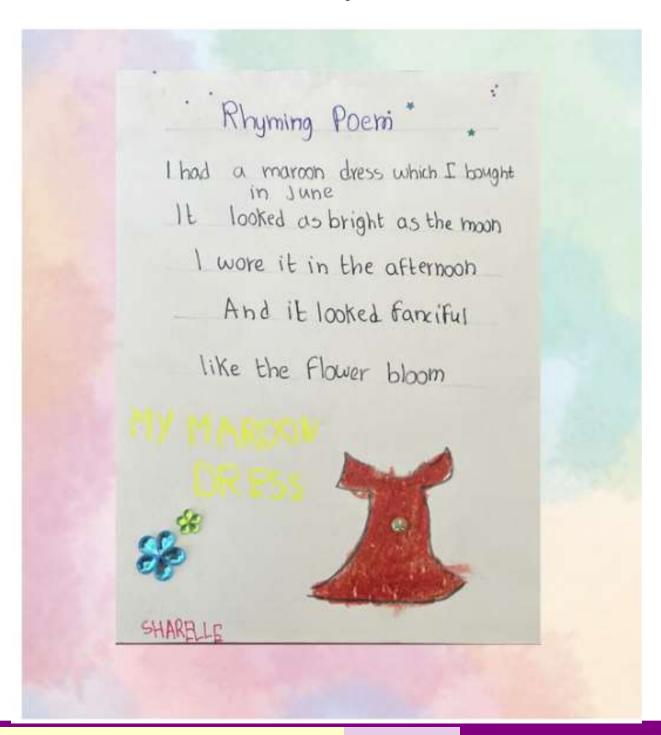
almost anyother writer, (about 200) her
books were published in many different
languages. She said that "She found writing
books easy." Her books still sell in large
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Conclusion
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From the Poets of Grade 5 B



Sharelle Ann DSouza

Poetry

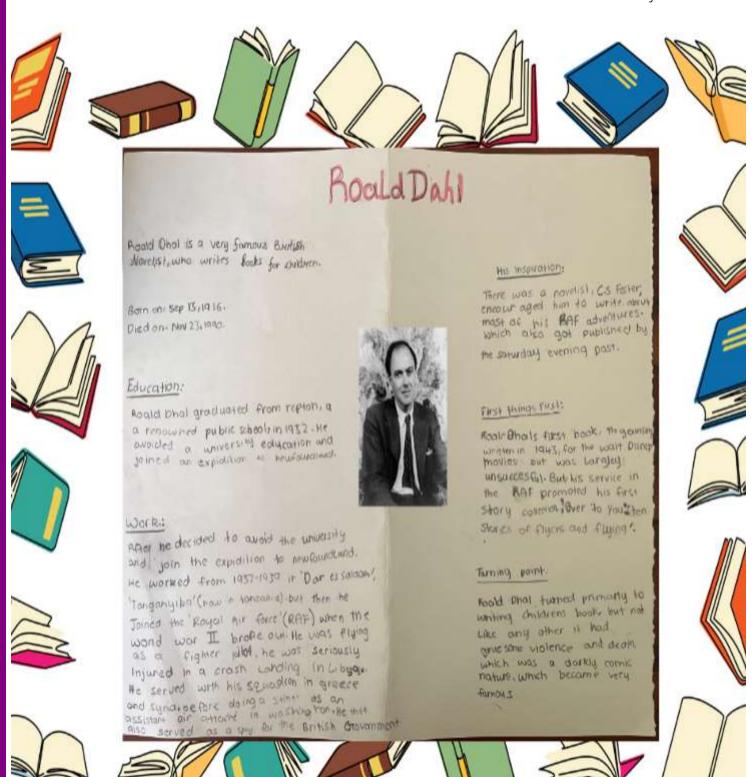


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Biography on Roald Dahl, the author of 'Charlie and the Chocolate Factory'



Arjun Sridhar

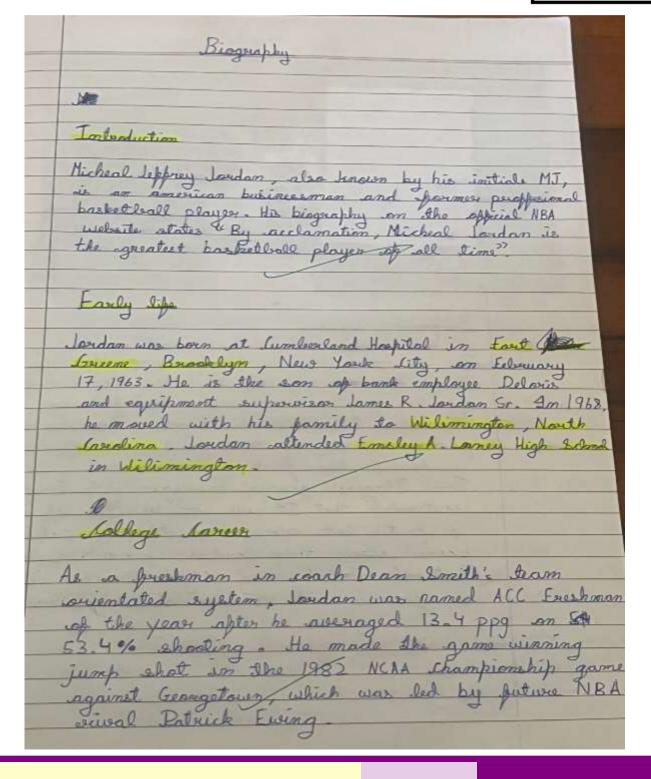


From the Authors of Grade 5 B



Yunus Khan Zaman

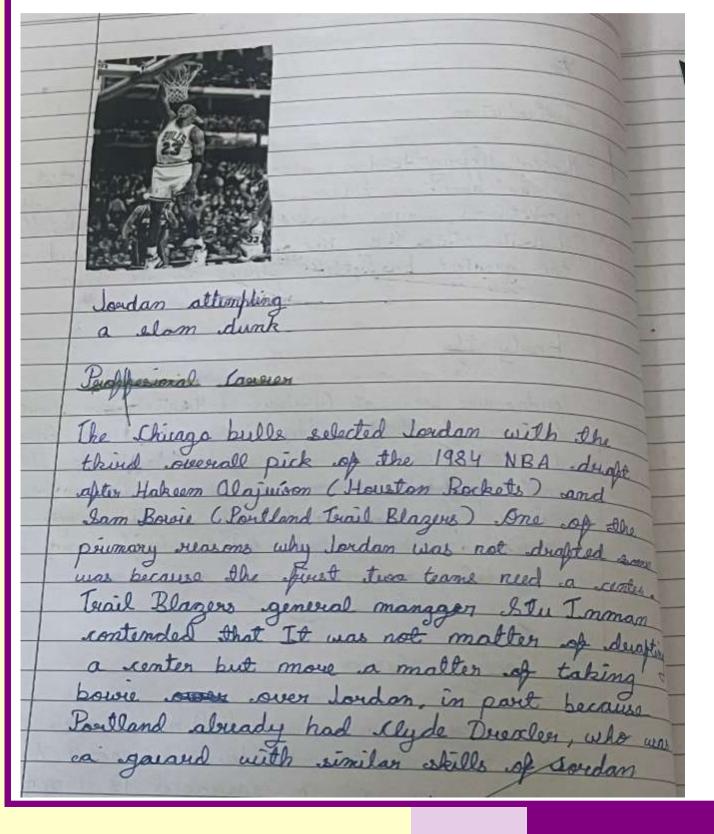
Biography on Michael Jordan



From the Authors of Grade 5 B



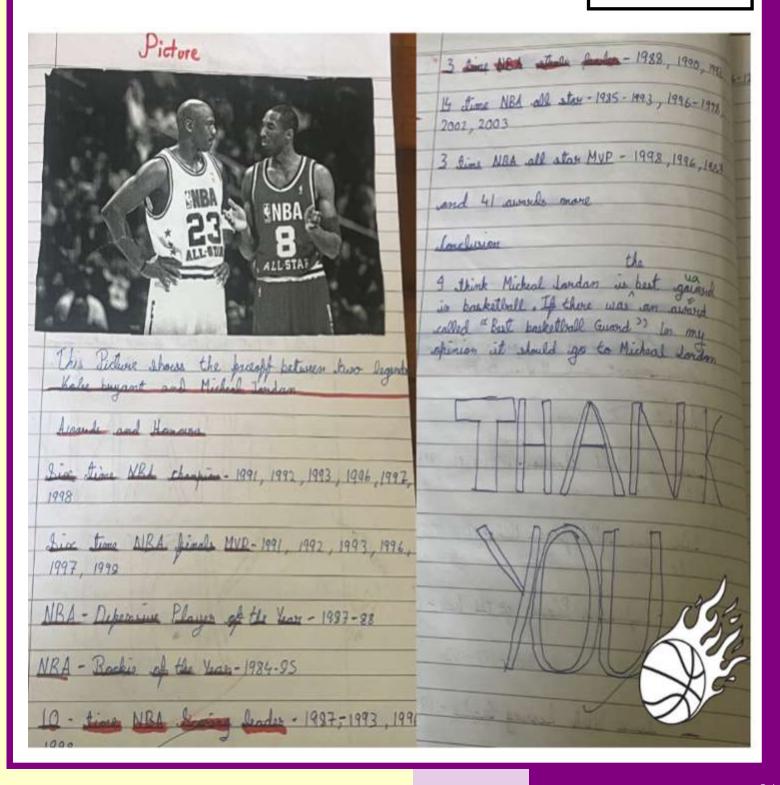
Biography Continued



From the Authors of Grade 5 B



Biography Continued



From the Authors of Grade 5 B



Aashritha Devi Cherukuri

Biography on R J Palacio, Author of the novel 'Wonder'

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From the Authors of Grade 5 B



Soumya Aman Modawal

Biography on J K Rowling, Author of Harry Potter

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From the Authors of Grade 5 B



Aadya Praveen

Biography on Anne Frank

BIOGRAPHY ON ANNE FRANK

Anne Fronk. In full Annelies Morie Fronk, Charn June 12,1929, Fronkfurt om Main, Germany - Bed February March 1945, Bergen-Belson concentration comp. near Hannover), Jewish girl whose dairy of her family's two years in hiding during the German occupation of Neatherlands become a dassic of som literature Kerly in the Mazi regime of Adalf little Arnes father, 10th Frank) a German businessman, took his safe and two daugnoons to live in Amsterdam in 1945, ofter German Jorces occupied the Metherlands, Pene was compelled to transfer from a postic school to a Jewish one. On June 12,1942, she received a red-and-solute plaid diary for her 13th birthday. That she began writing a book."Thope I will be able to confidence outling to you, as I have never been able to confide in anyone, and I hape you will be a great source of comfort and support" When Annes sixter, Margait, was focus with deportation (supposedly to a forced-labour comps), the Franks what into hiding on July 6, 1962, in the backroom office and workhouse of 19th Frank's featproducts business. With the old of Non-Jewish friends among them theo Gies, who smuggled in food and other supplies, the Frank family and four other Isos. -Herman and Auguste van Asls and their son Peter, and Fritz Preffer-lived confined to the secret arrest. Buring this time theme wrote faithfully in her diory, recounting doubt-day. He in hiding, from ordinary annoyonces to the fear of capture She discussed hypical adolescent issues as well as her hops for the future, which included becoming a journalist or a writer free's out diary ary was written on frequent is they. Three days lates the annex was decovered by the Gestope, which was octing on a tip from Dutch informers The Frank family was temported to Westerbook, a francis comp in the Netherlands, and from there to Austhwitz, in German-accepted Bland, on

September 3, 1944, on the last transport to leave Westerbook for Aushwitz Anne and Margot were transferred to Bergen-Belsen the

following moth. Hence's mother died in early January, just before
the execution of fluschusts on January 18, 1965. It was established by
the Disch government tot both thine and Margot died in a typhus
epidemic in March 1965, Only work before the liberation of BergenBelson, but scanolars in 2015 tovealed new research, including

anglysis of archival data and first-person accounts, indicating that the sisters night have perished in February 1945. Otto Frank

was found hospitalized at Auschwitz when it was liberated by Soviet hoops on January 22, 1940. Friends who searched the hiding place after the family's cophure later gave Otto Frank the papers left behind by the Gestopa. Among them he found Anners diary which was published that Arne Frank the Drary of a young girl foriginally in Outch, 1967.) Precoclous in style and insight, it traces her emotional growth amid adversity. In it she wrote, 19 still believe, in spite of everything, that people are really good at hearts

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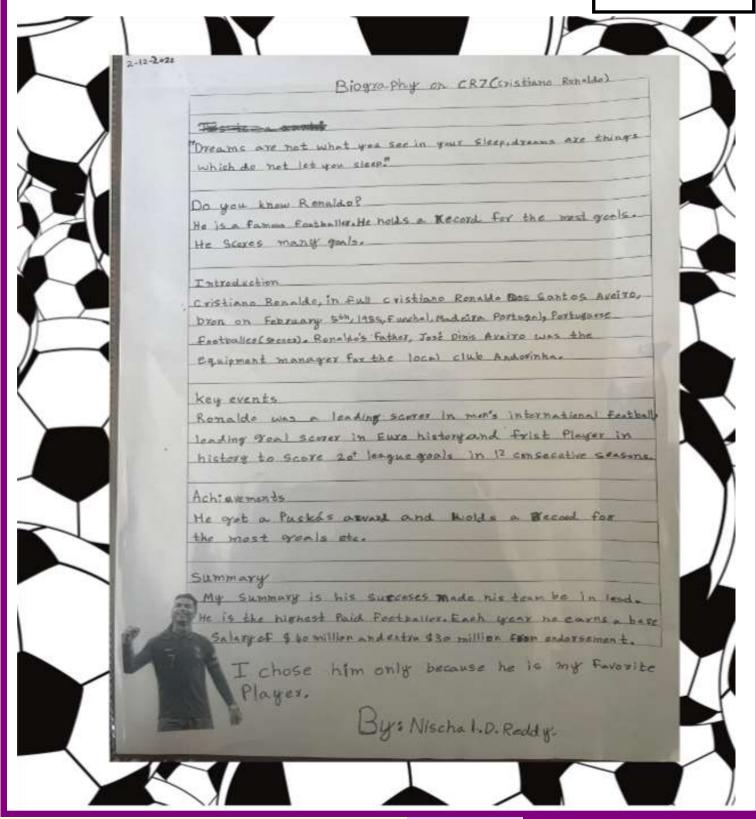
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From the Authors of Grade 5 B



Biography on Cristiano Ronaldo

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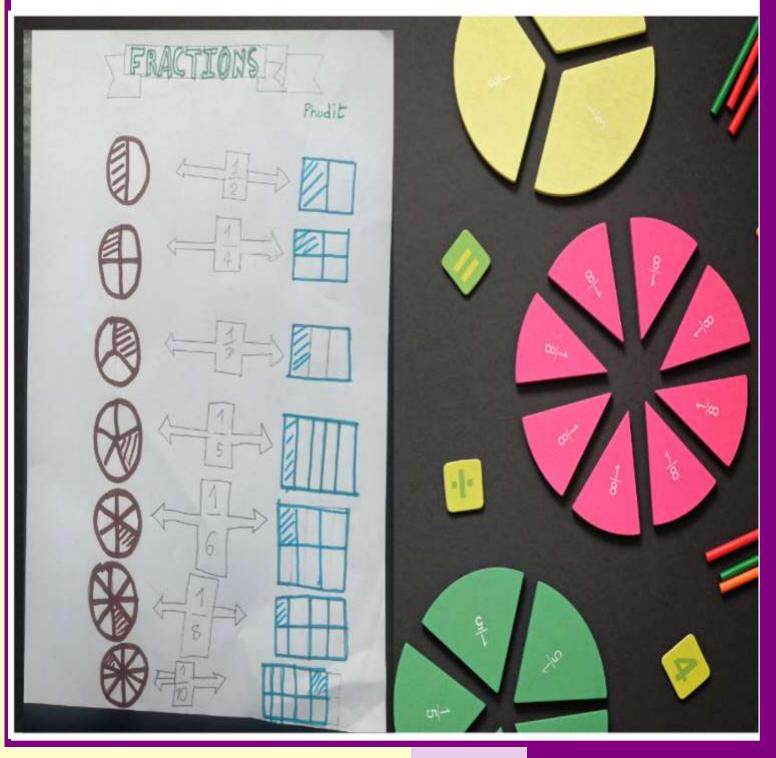


From the Authors of Grade 5 B





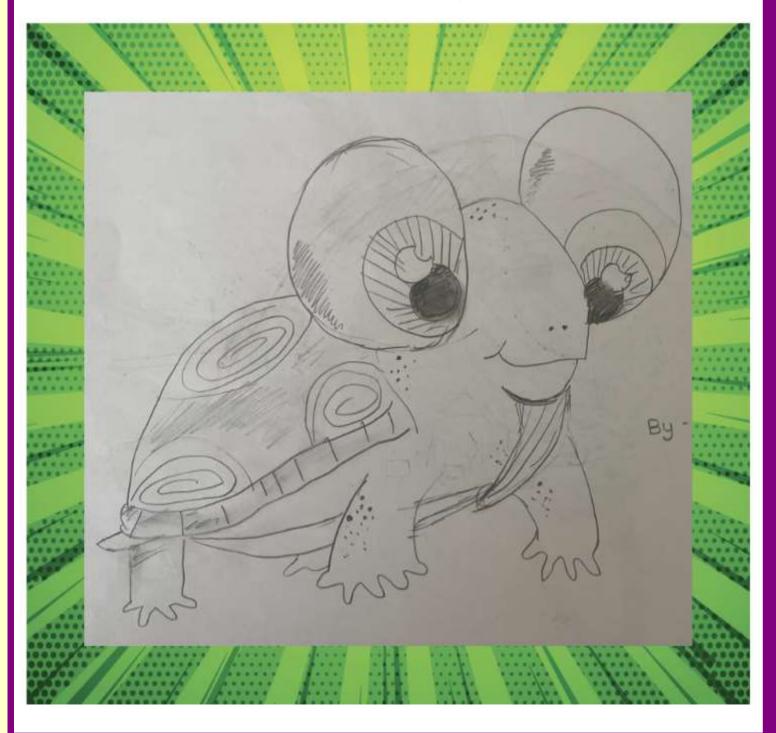
Phudit Boonsom



From the Artists of Grade 5 B



Pencil Sketching

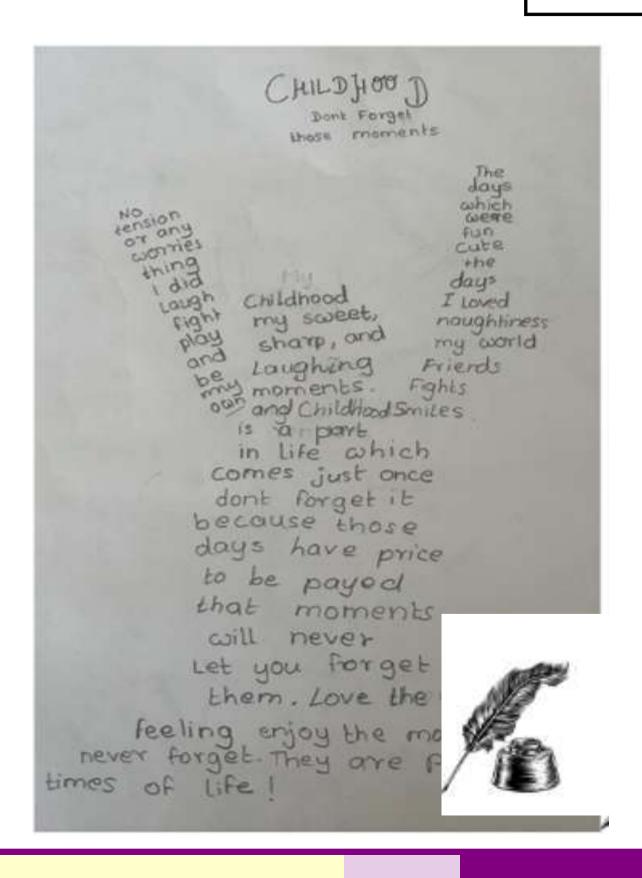


From the Poets of Grade 5 B

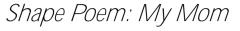
Shape Poem On Childhood



Spoorti Saatiya

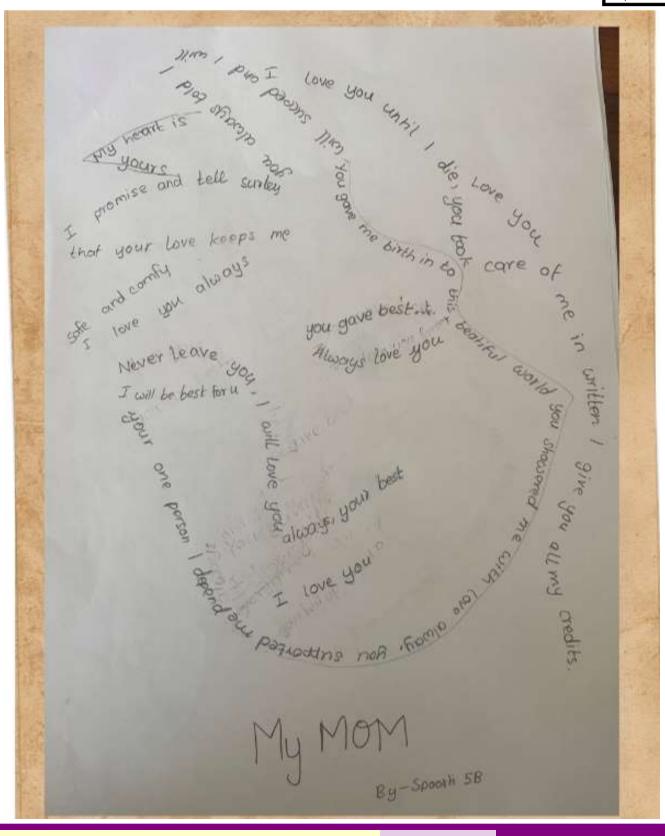


From the Poets of Grade 5 B





Spoorti Saatiya

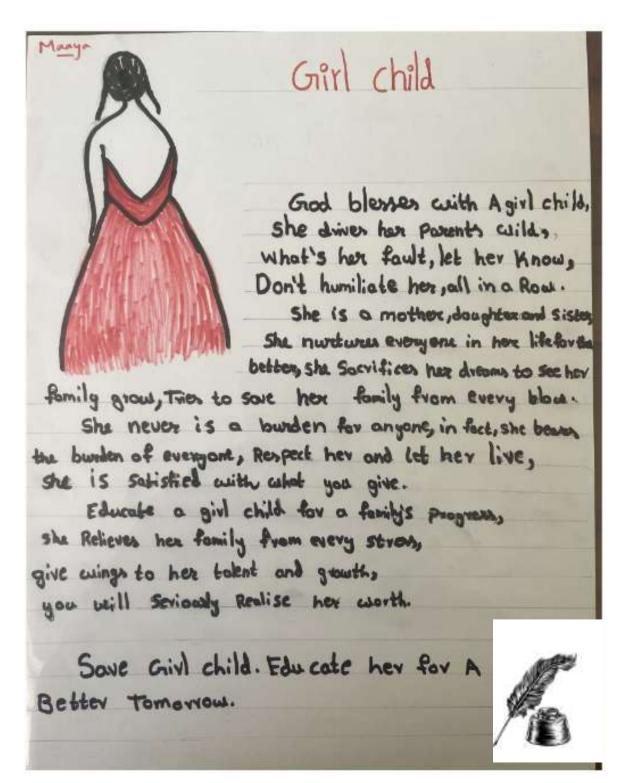


From the Poets of Grade 5 B



Maaya Raghu Naidu

Poem



From the Authors of Grade 5 B



Biography on Dr. Sesuss, Author of Lorax

Biography on Dr. Seuss



Introduction

Theodor Seuss Geisel was an American children's author and cartoonist. He is known for his writing and illustrating more than sixty books under the pen name Dr. Seuss.

Early Life

Geisel was born on March 2nd 1904, in Springfield Massachusetts. His father Theodor Robert Geisl, was a successful brew master, his mother Hanrietta Suess Geisel. At the age of 18 Geisel left home to attend Dartmouth college where he became the editor in chief of its humor magazine Jack-o-lantern.

Geisel adopted the name "Dr. Seuss" as an undergraduate at Dartmouth and as a graduate student at Lincoln college oxford.

Early career

Geisel left Oxford without earning a degree and returned to the United States in February 1927, where he immediately began submitting writings and drawings to magazines, book publishers, and advertising agencies.

The money Geisel earned from his advertising work and magazine submissions made him wealthier than even his most successful Dartmouth classmates. The increased income allowed the Geisels to move to better quarters and to socialize in higher social circles. In 1936, Geisel and his wife were returning from an ocean voyage to Europe when the rhythm of the ship's engines inspired the poem that became his first children's book: And to Think That I Saw It on Mulberry Street. Based on Geisel's varied accounts, the book was rejected by between 20 and 43 publishers.

According to Geisel, he was walking home to burn the manuscript when a chance encounter with an old Dartmouth classmate led to its publication by Vanguard Press. Geisel wrote four more books before the US entered World War II. This included The 500 Hats of Bartholomew Cubbins in 1938, as well as The King's Stilts and The

From the Authors of Grade 5 B



Alankrita Murugan

Biography Continued

Seven Lady Godivas in 1939, all of which were in prose, atypically for him. This was followed by Horton Hatches the Egg in 1940, in which Geisel returned to the use of verse.

Dr. Seuss Accomplishment

- Wrote almost 60 children's books
- · Got hired to do flit advertisements
- Became an artist and writer
- Made his first book, "And To Think That I Saw It On Mulberry Street" published by Vanguard Press, owned by one of his Dartmouth friends.
- Dr. Seuss named the book's main character, Marco, after his friend Marshall Maclintock's son.
- Published his last book at Vanguard called "The 500 of Bartholomew Cubbins" dedicated to Dr. Seuss's love of hats.
- Switched to a bigger and better publishing company called Random House.
- · Made "How the Grinch Stole Christmas" appear on T.V. in 1966!
- Received two Academy Awards, two Emmy Awards, a Peabody Award and a Pulitzer Prize.
- Was granted a memorial sculpture garden and museum of himself in Springfield, Massachusetts where he was born.

Death

Dr. Suess died of cancer on September 24th 1991 at the age of 87 at his house. After 4 years his ashes were scattered in the pacific ocean on December 1st 1995.

Dr. Seuss's most famous quote "Today you are you, that is truer than true..."

Bibliography Wikipidia Duckster Dr. Seussvillage blog.

From the Authors of Grade 4



Venya

Report Writing on Milkweed

A Milkweed means a herbaceous American plant with Milky Sap. Hi! I 'm Milkweed the plant, I'm mostly found in Eastern US and Southern Canada grasslands and many animals are dependent on me and my friends. I 'd like to share the biome with herbivores like butterfly, bugs and many more. Milkweeds are mostly found in tropical group that contains more than 1800 species. Most species in this family are herbaceous, but others are climbers, shrubs or small trees.

Milkweeds are and important nectar source for bees and others. Some more recent milkweed species grow faster that older species. Milkweeds have three defenses to limit damage by caterpillars and other insects: hair on the leaves, toxins and latex fluids. Caterpillars which eat milkweeds and their adult butterflies may be protected by the foul taste of the Milkweed Chemicals.

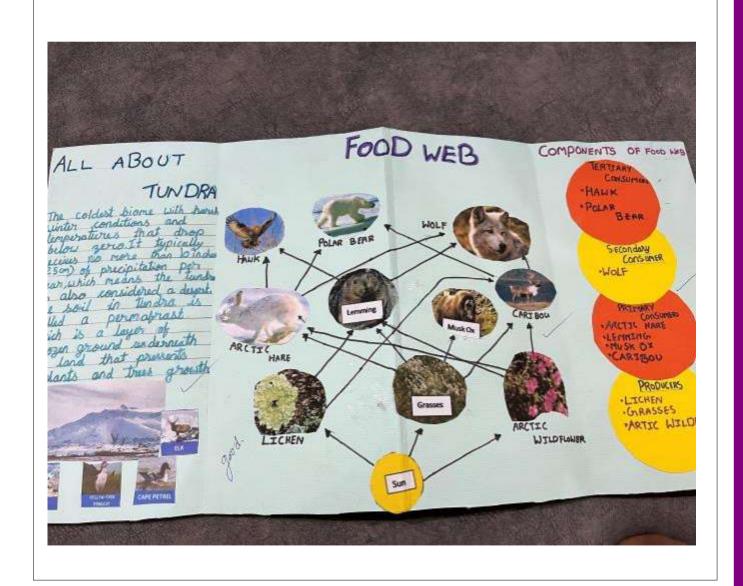


From the Authors of Grade 4



Venya

Biome Brochure



From the Authors of Grade 4



Pragathi

My Report writing about the term - "Biodiversity"

Biodiversity means a variety of species that live in their biomes. There are different types of biomes. Tundra is a biome which has very cold climate Polar Bear, Seals, Snow leopard and many different animals live there. Penguins are more in demand. Grassland is a biome which has more grass and has warm climate. Most of the wild animals live on Grasslands.

The next biome is Desert they have very dry climate and less water. Next is rainforest, which has plenty of trees and different plants. In this biome, it rains more and the climate is very cold at night due to the greenery. Marine is a biome which is underwater and different species of animals and plants are there to explore. These whole things when it joins together explains the meaning of the term "Biodiversity".

From the Authors of Grade 4



Siddhant

My Research On "Cacti"

Cacti are very rare plants, they are almost identical to the Aloe Vera. Cacti are found in the desert and in houses. There are other bio diversities sharing the biome with the Cacti.

Cacti can give oxygen to other living organisms in the desert, Cacti has a color of dark green and a small amount of light green. They are about fifteen to forty five feet tall. They have very sharp and dangerous thorns. They can be used as weapons as well as a shield. Cacti can be used as small animals homes or their temporal habitat. Predators stay away from cacti so they don't get pricked.

Cacti are very fascinating and a marvelous type of plant but they are hard to touch. I liked researching on this amazing topic.

From the Authors of Grade 4



Siddhant

Report Writing about Spiders

Spider's are arachnids. They are very small and scary predators. They live in dry place such as houses and rubbish cans, They eat small insects and they are preys of large animals.

They camouflage from their predators by using trees and grass to hide. Spider come in sizes of 1 to 12cm, Trantula are the biggest spiders alive while the money spider is the smallest one as its height is about 1 mm.

Spiders have an advantage for catching insects because of their long segmented legs. Spiders are extremely flexible. They can also run on water. Some spiders trap their prey into their webs while the others inject poison. Spiders are invertebrates as well, so they can curl into a ball. They are very fascinating and interesting reptiles.

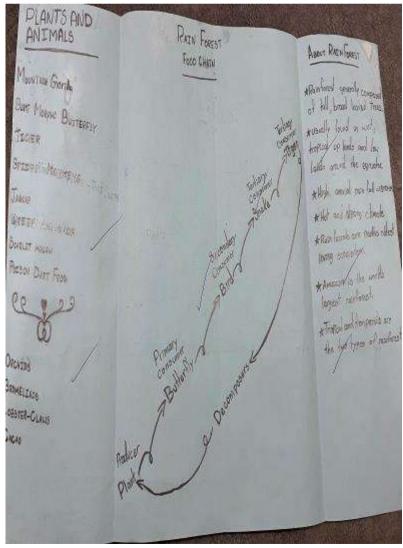
From the Authors of Grade 4



Rushil Gowda

Rainforest Brochure





From the Authors of Grade 4



Rushil Gowda

Summary Writing about my Winter Vacation

During winter vacation, I went on a trip with my family. Firstly, we visited Antharagange waterfalls and continued with the trekking. I met 'Shiv Rajkumar' in a restaurant. The next day my dad planned to go to Dharmasthala and booked a room near there.

After I reached the room, I went to swimming and next day did darshan. I prayed to god to develop in me good behavior, good culture and manners. Then we ate food at the temple. We visited all the temples near by to the place.

Later, we went to our Kuladevi temple 'Sri Lagumma Devi' near Tamil Nādu. We came back from the trip and went to my Grandma's house. I enjoyed my two weeks of break and then completed my UOI project. At last, the next day was a beautiful morning with birds chirping around and the day came when I had to go back to my school and meet all my friends and teachers to begin my new journey.

From the Authors of Grade 4



Rushil Gowda

All about Spiders

Hi! today I am writing a report on the riddle I solved.

The Riddle:

I have long segmented legs, which help me to walk and climb. I have fur on my body, I can run on water and I have 8 legs.

Answer: Spider

Spiders eat different types of food, female spiders eat male spiders, web spider eat insects stuck on the web. Other spiders inject toxin into their prey before eating.

Spiders are exoskeleton, they have two body parts—Head and Abdomen. Spiders are flexible and move extremely quick to catch insects.

Female spiders die after laying their eggs, Baby spiders are also called spider lings. Spiders can camouflage their body from the predators.

Spiders are invertebrates and they live all over the world.

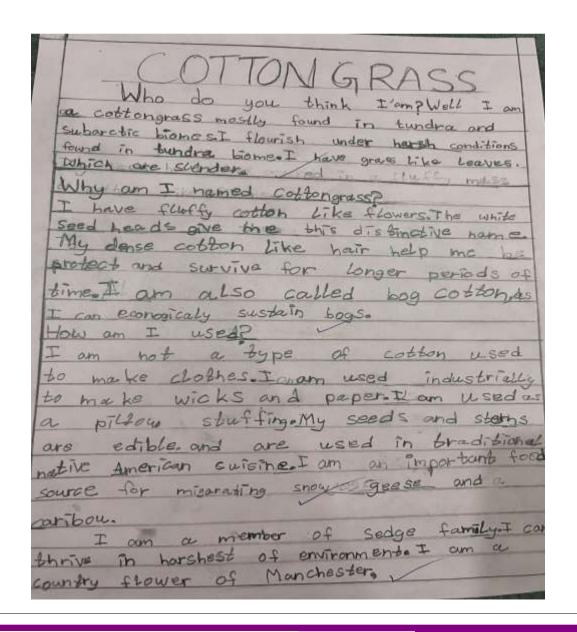
They don't live in cold regions. They mostly live in dark and dry places including grassland. The largest Spider is the Tarantula (about 12 cm long). The smallest spider is Money Spider (about 1 mm long).

From the Authors of Grade 4



Krishvi

If I was a Cotton Grass in a Biome



From the Authors of Grade 4



Jeshith

If You Could be any Plant or Animal in the World

What would you be?

Where would you live? (Prompt)

I would like to be a Tulsi Or Basil plant

I like to be in homes and temples.

I would like to be the tree that gives good health and prosperity.

I would like to be a plant help us prevent from diseases.

I want people to consume Tulsi tea to reduce stress.

I want to absorb harmful gases like Carbon monoxide, Carbon dioxide and help people breathe fresh air.

I want to act as a blood purifier in human body.

I would like to be used in various poojas. Usually, people in India worship the sacred Tulsi Plant.

My leaves are a good source of Vitamin A, C, and K.

The Tulsi plant may not be big but it provides many essential nutrients.



From the Authors of Grade 4



Anirudh

All about Turtles

Hello Every one,

Today I am going to share some facts about Turtles.

Turtles live in North America and Southeast Asia.

Turtles are reptiles. There are 350 species of Turtles and all of them are vertebrates. Turtles have a huge lifespan of 150 years!

Facts about Turtles:

An interesting fact about turtles is, that they also need sand temperature to live otherwise they struggle to survive.

Turtles teach us that slow and steady wins the race.

Turtles also show that they are a vital part of the water.

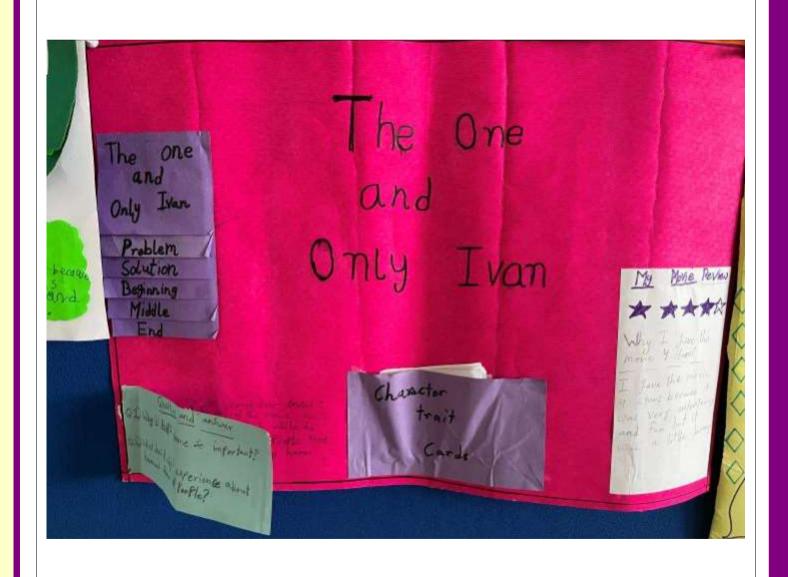
Turtles feed on seagrasses and seaweeds.

From the Authors of Grade 4



Ganavi

My Lapbook on the Movie: The One and Only Ivan



From the Authors of Grade 3



Report Writing

Asthma is a lung condition that causes breathing problem. It has become common now in kids and teen.

What Happens to our body when asthma attack?

During an asthma attack, also called an asthma exacerbation, the airways become swollen and inflamed. The muscles around the airways contract and the airways produce extra mucus, causing the breathing (bronchial) tubes to narrow. During an attack, you may cough, wheeze and have trouble breathing.

Normally when someone inhales, air goes in through the nose or mouth, down the airways of the lungs, and mucus inside the passageways help to trap any outer particles like dust or pollen, but when people with asthma are exposed to certain triggers like smoke, dust and cold climate, they have difficulty in breathing.

How can we take care of ourselves?

Asthma can usually be managed with reuse inhalers to treat symptoms and controller inhalers to prevent it from getting worse. Regular exercise can strengthen your heart and lungs, which helps relieve asthma symptoms. If you exercise in cold temperatures, wear a face mask to warm the air you breathe. Maintain a healthy weight.

Lifestyle change

Following an anti-inflammatory diet can play a valuable role in asthma and allergy management. It involves eating lean meat, fresh fruits and vegetables while limiting carbohydrates and alcohol. Strive for a clear healthy diet that does not promote inflammation.

From the Authors of Grade 3



Report writing

Stroke

A stroke sometimes called a brain attack, occurs when something blocks blood supply to parts of the brain or when the blood vessel in the brain bursts. In either cases, parts of the brain become damaged or die.

How many people in the world are effected by stroke?

Globally 1 in 4 adults over the age of 25 will have stroke in their lifetime.

<u>Causes:</u>

Drinking excessive amount of alcohol, unhealthy lifestyle like smoking, lack of exercise and stress can leads to stroke.

What are the Ways to avoid stroke?

- Choose healthy foods and drinks. Choosing healthy meal and snack options can help you prevent stroke. ...
- Keep a healthy weight. Having overweight or obesity increases your risk for stroke.
- Get regular physical activity. ...
- Don't smoke or drink alcohol.
- Check cholesterol.
- Control blood pressure.

From the Authors of Grade 3



Aaraadhya

Report writing

Kidney Disease

Chronic kidney disease is a condition in which the kidneys are damaged and cannot filter blood as well as they should.

How many people are affected by kidney disease?

37 million people in the US are affected by kidney disease and over 7.8 million in India.

How does kidney disease occur?

Diabetes, high blood pressure, smoking, obesity are general causes for the disease.

Lifestyle choices like—healthy food habits, physical activity, aim for healthy weight, stop smoking and limiting alcohol can prevent occurrence of the disease.

How can we identify the disease?

Blood tests, urine tests, imaging, removing samples of kidney tissue for testing can be done to know the status of the kidney disease.

Treatment – Dialysis and kidney transplant are the major treatments.

Bibliography: Mayo clinic.



From the Authors of Grade 3

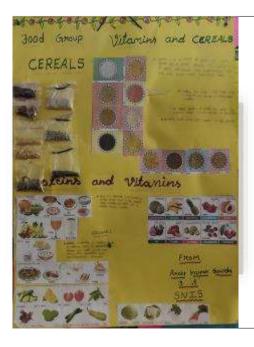




Balanced plate



Mridula designed a food plate for athletes, mentioning the nutritional facts in it.



Carbohydrates and Proteins

Arav prepared visual aid to help him present his understanding on nutrients present in different food groups. He also gave information on the importance of carbohydrates and proteins.

From the Authors of Grade 3





Ryan researched and inquired about the causes and effects of diabetes and presented in in two different forms: PPT and a Chart

Carbohydrates and Proteins



Sarika pretended as a news reporter and filmed her recording about the data she collected on Covid-19. She connected the data with lifestyle choices.

From the Authors of Grade 3



Report writing

Fabiana presented her report through PPT, She gave a detailed report on causes and treatment of cancer connecting it to lifestyle choices.



HOW TO AVOID CANCER Consider these lifestyle tips to help prevent cancer. • Don't use tobacco. ... • Eat a healthy diel. ... • Maintain a healthy weight and be physically active. ... • Protect yourself from the sun. ... • Get vaccinated. ... • Avoid risky behaviors. ... • Get regular medical care.





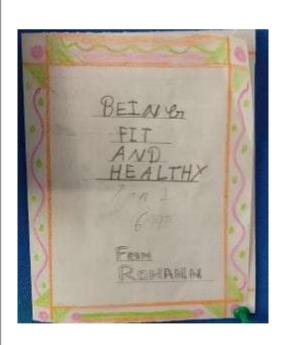
From the Authors of Grade 3

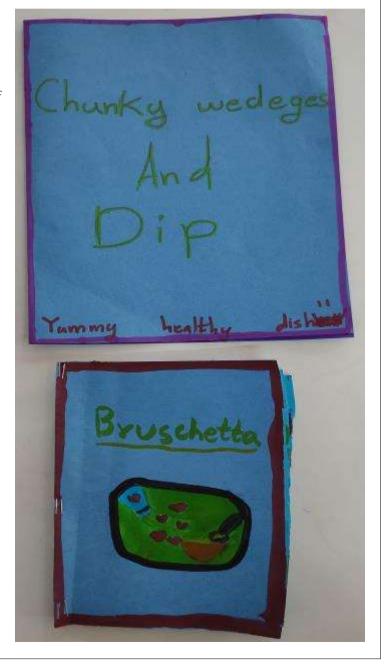


Healthy Cook Book

Students of grade 3 created

different recipes to replace processed packed food. They encouraged students of other grades to make their own yummy snacks with these simple recipes.





From the Authors of Grade 2



Meeraya Paramban

My School

The name of my school is Sharanya Narayana International School. My school is located away from the city. The bus ride to my school is green in the last few minutes. My school as many plants and trees. I like to go to school everyday if I am not sick. I enjoy eating in my school canteen sitting in my friends. I enjoy eating curd rice. My school has two playgrounds, table tennis ,basketball and badminton court. We have music, dance and art classes. I would like to joint stem classes from next grade.

Ms. Shanti is our homeroom teacher. She explains the difficult things in an easy way so that we can understand. She is funny and serious. She is the best teacher in the world. I like to learn both from Ms. Shanti and Ms.Sandra

I have many friends in school. Most of us like vanilla ice cream.



My school has many cultural activities. We have four houses. We prepare performances and practice for sports. It's lots of fun! We have an auditorium at the top of the building where all the programs are held.

My school is the second home as a spend most of my day time there. I am learning new things and I always look forward to go to school

From the Authors of Grade 2

Air



Air

Air is an invisible mixture of gas

Air contains oxygen, nitrogen, and carbon dioxide

When the wind blows it is called a breeze

When the wind blows fast it is called storm

Air is all around us

Properties of air

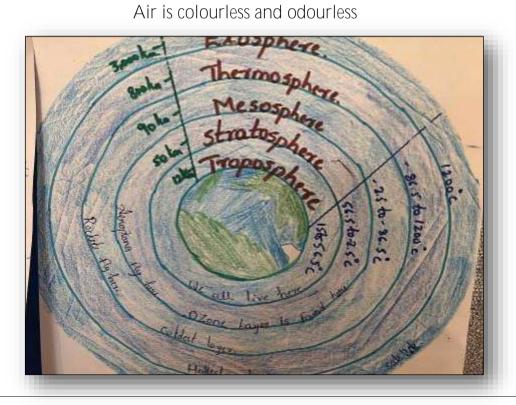
Air has mass

Air occupies space

Air expands when heated

Air contracts when cold

Air dissolves in water



From the Authors of Grade 2



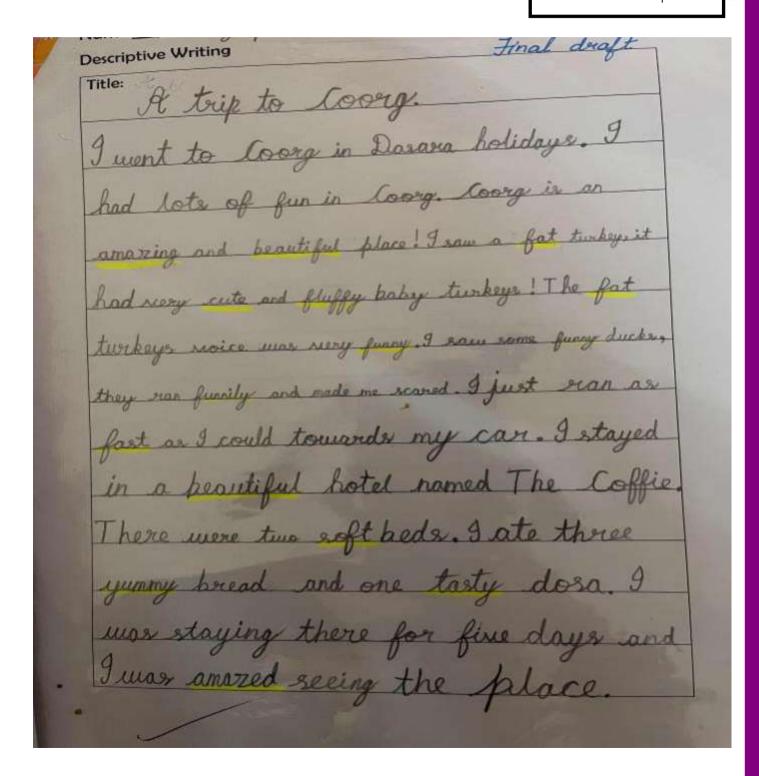
Air Experiment	
4 1. 13/2/2 Airt hax Weight	11/23
Now I weight but how? Now I will show you how aix has weight in an experiment.	
Materials	Ans.
of air in it.	Anv.
3. A hencil	
4. Little thread	- Ansı
Instructions:	
with the thouast on the h	
Brave I tied the balloon on	the
The heavy Inloon went down	1

From the Authors of Grade 2



Descriptive Writing

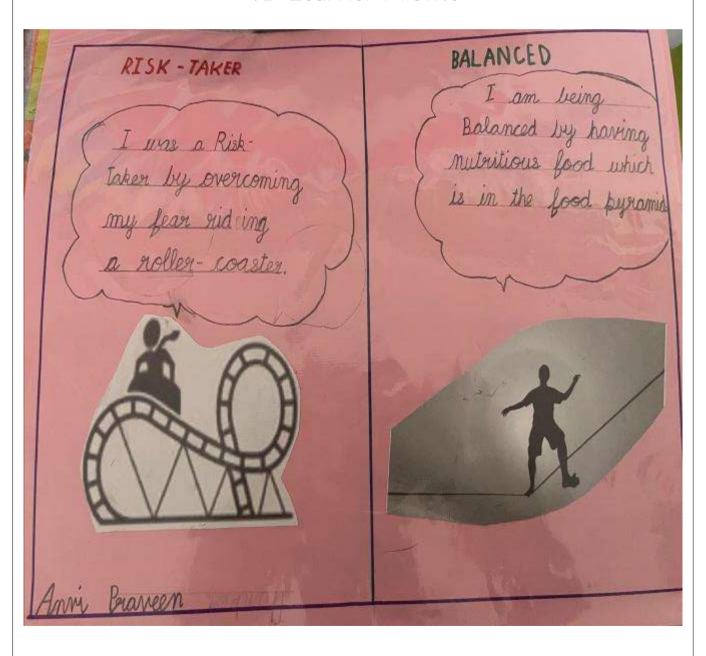
Vrinda Gupta



From the Authors of Grade 2



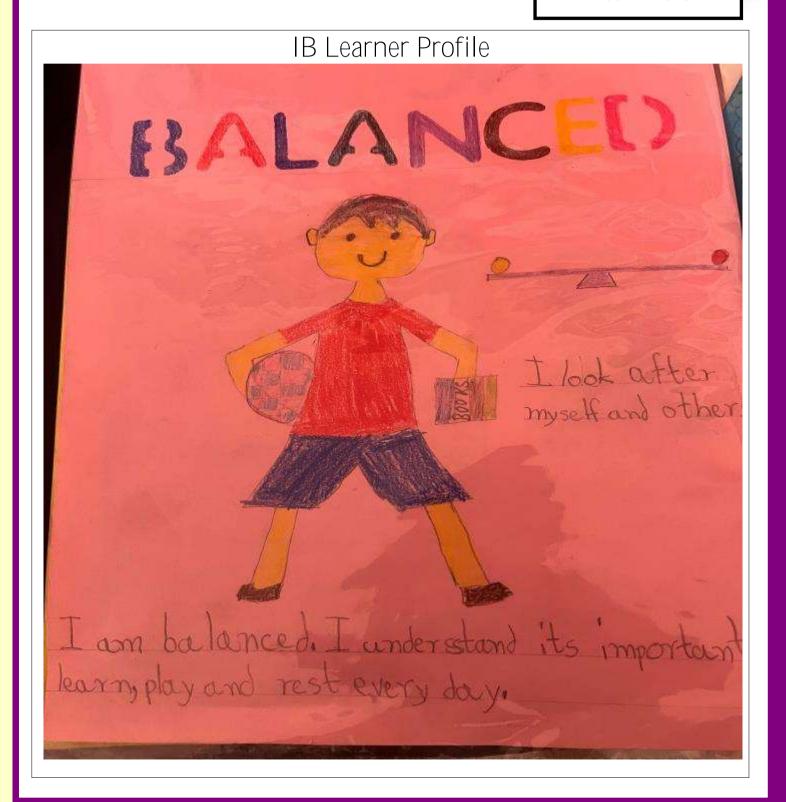
IB Learner Profile



From the Authors of Grade 2

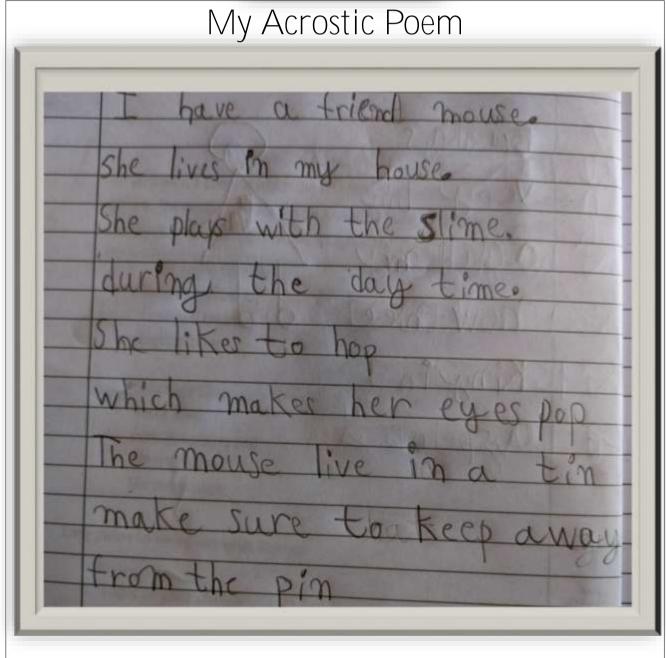


Viaan Arora



From the Poets of Grade 1

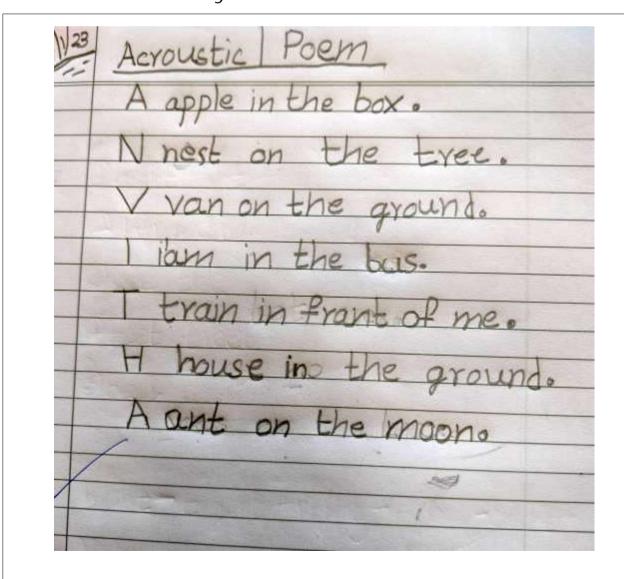




From the Budding Poet of Grade 1

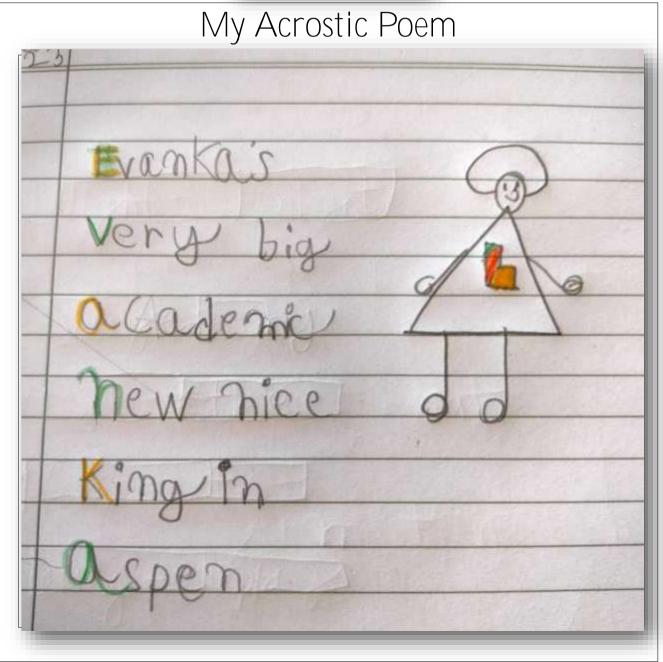


My Acrostic Poem



From the Poets of Grade 1





From Grade K2



Field Trip



Students of K2 went for a field trip to Arun Nursery & farm. The students sightseeing and learnt a lot of plants. This trip gave them a lot of experiential learning.



While Strolling through a walking path, they enjoyed breathing the fresh air and exploring the natural environment.

From Grade K2



Presentation on the theme: Sharing the Planet

Presentation on 'Living Things'



K2 children expressed their learning through a presentation. Each and every child participated and gave an outstanding performance during the presentation.



The presentation Started with song, and later students explained about each topic, followed by Puppet show & Dance and ended up with a thank you note.

From Grade K2



Celebration





As a part of the Christmas celebration, we at SNIS had a class party. These parties are a special part of school memories which makes every student happy.

During the party a child from grade 1 shared a story with K2 students. The title of the story was "Why do we celebrate Christmas"

Grade Nursery & K1

From Nursery and K 1



Field Trip



The students of Grade K1 and Nursery went to a Field trip to learn that plants sustain life on Earth. They enjoyed there and also came to know the importance of plants.

They saw the nursery and understood that plants have life and we should take care of them .

Exercise



Students learnt that good health is a boon to children's body. It helps the young ones to become physically and mentally strong. Good health can be maintained by doing regular exercise and the key source of being happy is to be fit and healthy.

Grade Nursery & K1

From Nursery and K1



Fine-motor Skills

The young learners feel very happy and excited when it comes to developing fine motor skills.

During this time, they learn many craft activities and take interest in all the activities which makes them more knowledgeable and artistic.

Grade Nursery & K1

From Grade Nursery and K1



Good Manners

Good manners are just a way of showing other people that we have respect for them.

So, the kids of Kindergarten always behave and show their good manners. They take care of each other and follow every instruction given to them. The young ones are really very dedicated to their work.

Team Kaleidoscope - Credits

Editorial Advisors-

Ms Lakshmi Reddy & Mr Kapil Mehrotra

