

JANUARY 2022



HAPPY
New Year
2022

1ST JANUARY



**IMAGINARY
SPECTRA**

FROM THE ACADEMIC DIRECTOR

.....



As the new year arrives, it brings with it fresh hope for a new beginning. Almost all of us begin the year with new resolutions. Many of us work hard towards our resolutions but unfortunately, our efforts slow down as the year progresses. When November and December roll around and we look back to the resolutions we made in January, invariably many of us are disappointed with what we have achieved.

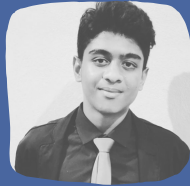
Is the new year the only time for making resolutions?

Life is a succession of new beginnings. Every week, every day, every hour, every minute and every moment of our life is a new beginning. Some beginnings can be momentous and have a life-altering impact on us and some new beginnings can seem almost paltry and insignificant. However, we need to remember that everything – whether it is a monumental and life-changing event or an insignificant event or something in between the two – everything starts with a beginning.

It is our responsibility to ensure that we live life to its fullest potential and take advantage of every new beginning to do better and be better. We need to have a plan to achieve our goals, past failures should not discourage us and in fact, should be viewed as motivation for new beginnings. If we begin with the right attitude and take the time to appreciate our wins, no matter how small, and also acknowledge our setbacks, no matter how big, we will definitely head towards success.

So let us start 2022 with new hope and remember that the best time for a new beginning is now!

EDITORS IN CONVERSATION



Chirayu: Wishing you all a happy and PROSPEROUS new year SNIS!

Akshaya: What is this phosphorus, sodium, potassium new year Chirayu? We are celebrating in the chem lab or what?

Chirayu: Uff no Akshaya, we celebrated in the winter holidays and now we are back to school!

Akshaya: And now, we are here with the 1st Senior School release of 2022
#StudentLeadTeacherGuided

Nithil: Yes this year our schoolmates seem to be more enthusiastic. They came up with many artworks. When I look at them, my face just lights up with glee!

Akshaya: Come on Nithil, they are always, I mean we, are always enthusiastic but of course new year connotes even more creativity!

Surodeep: Hi Akshaya, how are you? This morning I heard that you were yelling in the dining hall at some student who was wasting curry leaves. You OK? What's up with your anger?

Akshaya: Me? When? How? What? I don't have anger issues 😞 Who.. who told you so... I will...

Chirayu: (Yes, u don't have bro!) Chill, go read the article, "know your anger" written by our very own student counselor. Mental health is important folks!

Happy reading! 😊



KNOW YOUR ANGER



“Watch your thoughts, they become your words; watch your words, they become your actions; watch your actions, they become your habits; watch your habits, they become your character; watch your character, it becomes your destiny.”

— Lao Tzu


Mental Health – Know your Anger

We are born with emotions that are wired in our genes. We learn to use them appropriately as we grow through our experiences. Anger is one emotion that needs more attention to control and balance. It needs to be channelized appropriately not giving way to slaves.

We all experience anger. We express anger at different levels at different stages of our life. A baby's anger is perceived as innocent and cute; children's anger is perceived as bad and they are controlled; an adolescent's anger is perceived as rude and arrogant, but an adult's anger is expected to be balanced because it can create a relationship or destroy it.

Our thoughts create our feelings. Therefore, it is necessary to replace our unhelpful thoughts with helpful ones, and teach the same to our children, friends, and close ones. Practicing this would avoid many negative consequences in our life.





Anger is just like depression. You need someone to talk about how you feel. This calms you down and helps you to think clearly. If not, anger turns out to be a monster taking over your thoughts and damaging your relationship with everyone.

It is better to produce more natural endorphins in our body by exercising, listening to music, watching a movie, or something that makes you laugh because anger is caused by various external factors like stress, workplace, peer circle, family, non-complacent, etc.

To end with a meaningful quote –

“

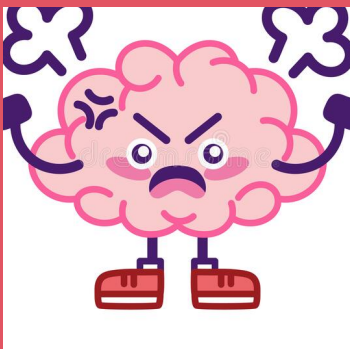
Where there is anger, there is always pain underneath.” – Eckhart Tolle

Therefore, work on the self; know your anger triggers; pause and step back when you recognize your anger triggers; calm down only to go back and express how you felt.

‘Right communication is a right solution when emotions are utmost’.

Anger has rules –

It’s okay to be angry as long as you don’t hurt others, you don’t hurt yourself and you don’t break property. And... talk about how you feel.



Sangeetha Poomani

STUDENT COUNSELLOR

SNIS IN NEWS



SNIS achieves one more milestone towards offering

The Best in International Education

WE ARE NOW AN IB MYP CANDIDATE SCHOOL

SNIS IS AN AUTHORIZED INTERNATIONAL BACCALAUREATE (IB) WORLD SCHOOL FOR IB PRIMARY YEARS PROGRAMME (IB PYP) & IB DIPLOMA PROGRAMME (IB DP)

 **SNIS**
SHARANYA NARAYANI
INTERNATIONAL SCHOOL
Thinking School. Inquiring Minds.





EMPLOYEE SPOTLIGHT



MITHUN ESHWAR

5 YEAR SMILESTONE

"Music is a moral law. It gives soul to the universe, wings to the mind, flight to the imagination, and charm and gaiety to life and to everything."
- Plato

Mithun Eshwar is the rock star of our school! He is very popular amongst the students and his students love him.

He started his journey with SNIS 5 years ago on 4th January 2017, as a Music Facilitator. In the span of these 5 years, Mithun has built a very good rapport with his students and the students look forward to his classes as he makes them exciting and fun amidst the hard work involved. He is a very polite, patient, approachable, enthusiastic, warm, composed and caring teacher.

RUN FOR CARE 3.0



SNIS is organizing a virtual Marathon (run/walk). Participants can run/walk anywhere and anytime between Monday, 26 January (Wednesday) to February 6, 2022 (Sunday) to raise funds for Karunashraya, a Bangalore-based Hospice Trust. This is the follow-up to the immensely successful Run for Care 2021, and not even the COVID-19 pandemic can outrun our efforts! Join us in caring for those beyond cure.

Bangalore Hospice Trust Karunashraya is a joint project of the Indian Cancer Society (Karnataka Chapter) and the Rotary Club of Bangalore Indiranagar, to provide free professional palliative care for advanced-stage cancer patients who are beyond cure.

They work on improving the quality of life for patients and their families. Karunashraya's main mission includes providing compassionate palliative care for people with a life-limiting illness, and for those important to them, through quality medical, emotional, spiritual, and social support.

This event is going to be conducted in a virtual format. Participants signing up for the virtual event can record their run/walk using a mobile phone with apps like Strava, Garmin, Nike Run Club, Run Keeper, etc.



Objectives

The run is being held for a beneficial cause. The money raised from the marathon will be donated to Karunashraya. The purpose of this run is to make contributions and help people who are beyond cure.

Moreover, to raise awareness in students and adults about donating to places like Karunashraya and other places that help people with terminal cancer.

A Once-in-a-Lifetime Virtual Marathon Experience
#SNISMarathon



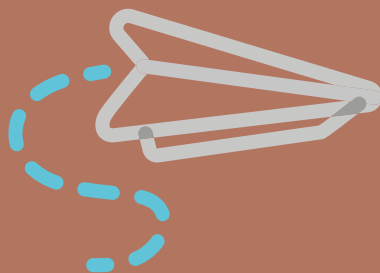
Race Categories: 21K Run, 16K Run, 10K Run, 5K Run, 3K Run, 5K Walk, 3K Walk

Registration cost: Rs 600 / person for all race categories

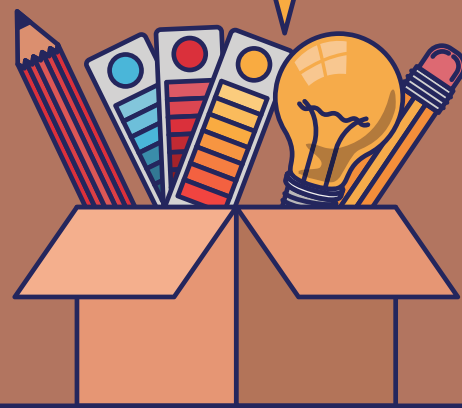
*Participants who have registered for the event will get a T-shirt and a Bib. Participants who finish the run/walk will get a medal.

Registrations will close on 06 February 2022.





CREATIVE CORNER



Diifferent hues of blue

.....

A rare sapphire is inside you
You shine brighter than the blue hues around you
No matter how fierce the tides are
Never give up the shining hope you bare

As warm their words may seem
Their icy intents can be seen right through

A truth always has a lie hidden
Can I find out what's within?

As a clear sky you still keep a happy façade
Can you keep doing that all day?

As the "devil 's hour" appears
Will your happy smiles disappear

As my façade comes to an end
Will you finally show your true face

The mysteries that lie beneath the ocean
Will soon be revealed
Peoples deepest fears
will come out from within



Aishani Swain
Grade 6

DROWNING

.....

Drowning, Drowning, Drowning...

I felt so lost, while others were swimming to the top

Swimming, Swimming, Swimming

Something pulls me back to the bottom

To attack

It whispers evil things that make me want to sink

Now at twilight, where there is no light

Living feels like I'm walking on thin ice.



Michelle Sarah Abraham

Grade 6



Gagana Kishan
Grade 6

Materials Needed:

- Wooden skewers
- Raspberries
- Strawberry
- Peeled oranges
- Cube of peeled mangoes
- A chunk of peeled pineapple
- A chunk of peeled kiwi
- Green and red grapes
- Blueberries



Step 1 - Take a wooden skewer and fruits

Step 2 Thread 1 raspberry, 1 strawberry, 1 orange, 1 cube of mango, 1 chunk of pineapple, 1 chunk of kiwi, 1 green and red grape, and 2 blueberries.

Step 3 Follow step 2 to make 5 more

Step 4 Place the rainbow fruit kebabs on a plate and drizzle them with chocolate syrup (Optional)

Step 5 - You are ready to serve a healthy snack.

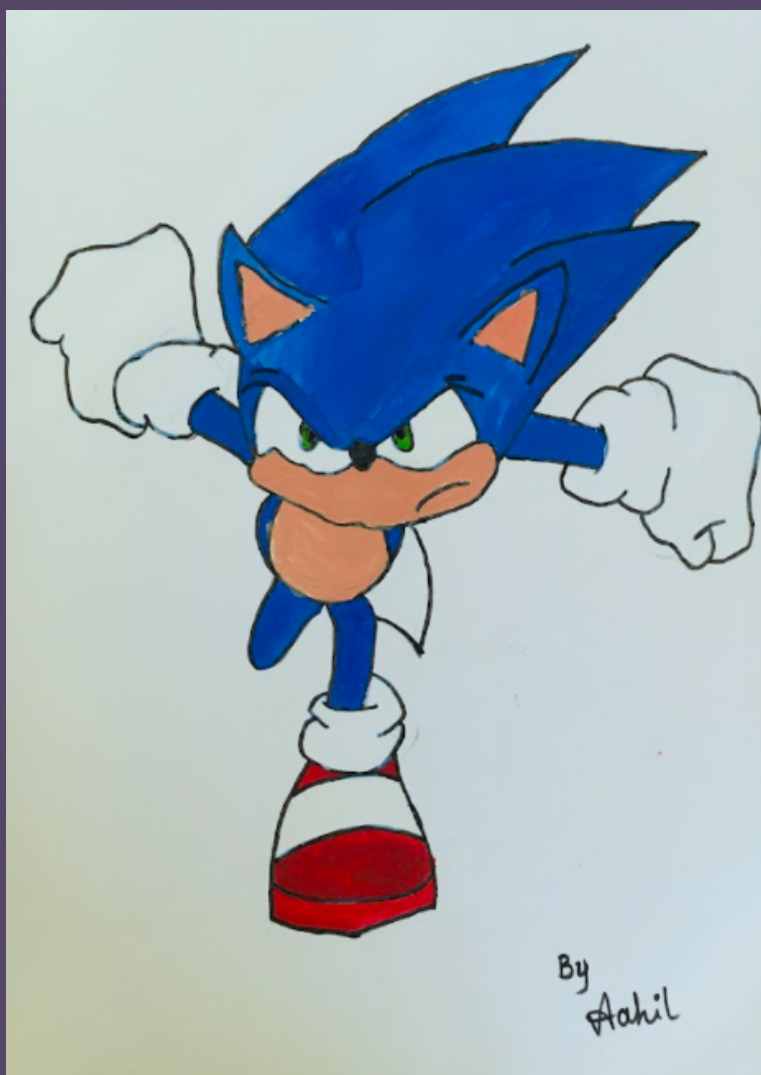


Vaishnavi Reddy

Grade 6



Leisha G
Gowda
Grade 6



Aahil A. Reddy
Grade 6



Joshna J Jeslin

Grade 6

Craze

.....
(dedicated to my mother)

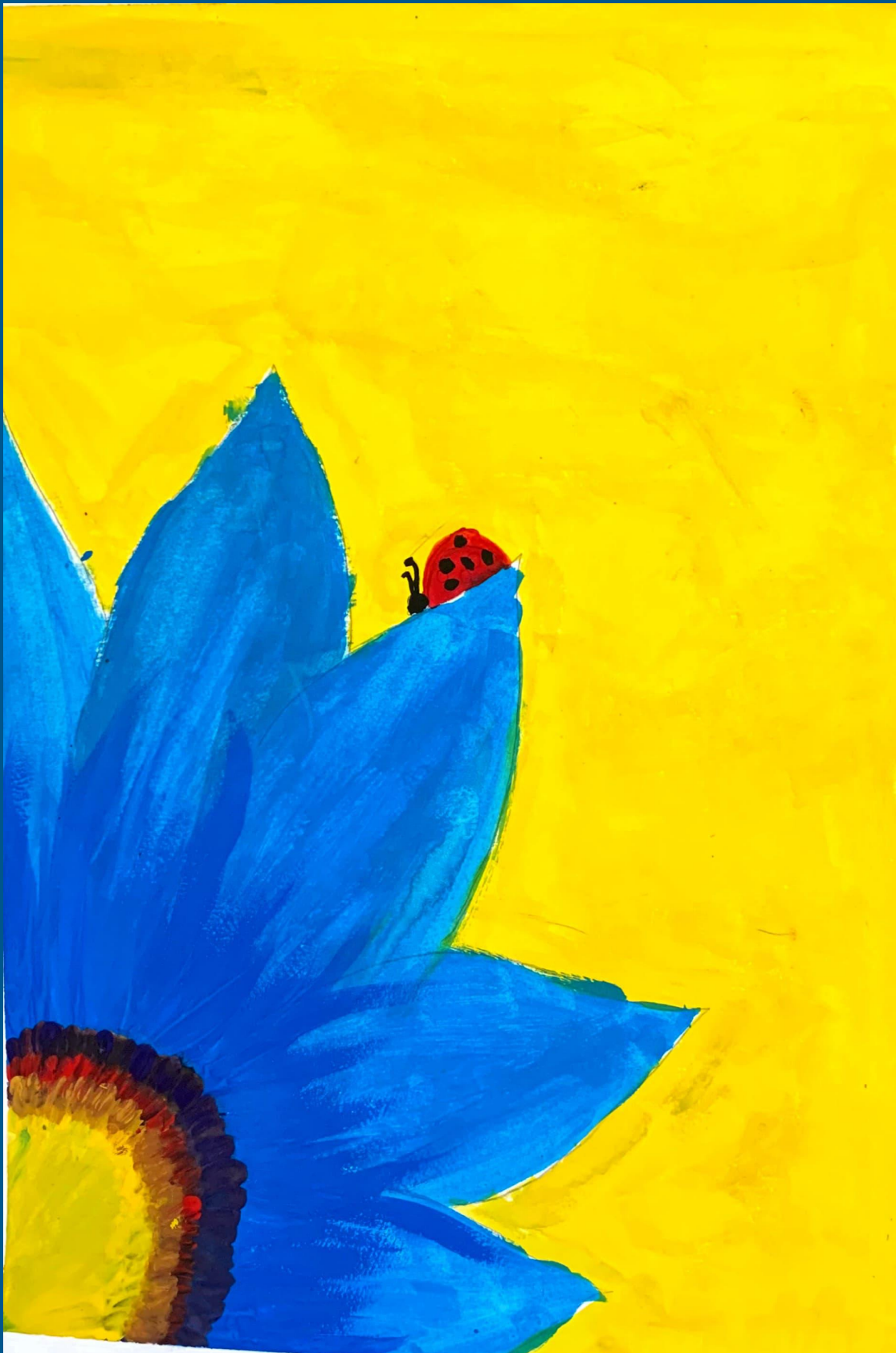
She runs in the fire, loose and free,
Lets her hair run wild, legs in the lead,
She makes herself a new one,
New love and craze.

Her name was grace and beauty,
Stereotyped as too,
Just because she makes an effort to rise,
People make her crumble, but she won't take it.

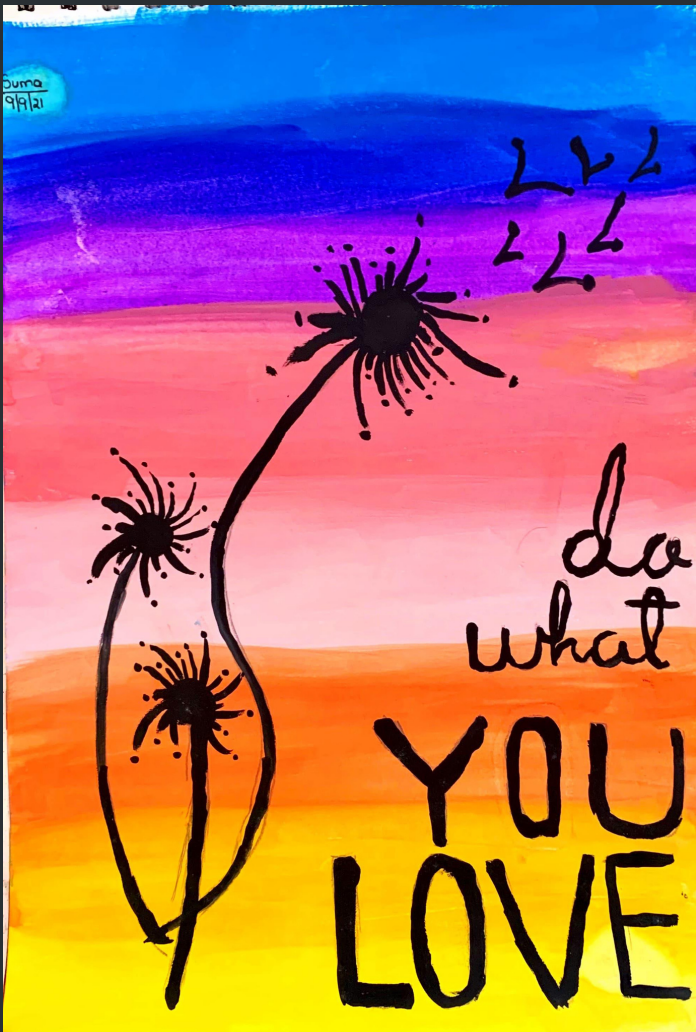
Blood on her hands,
Fire in her eyes,
You'll see her as beautiful,
But you'll feel her craze.



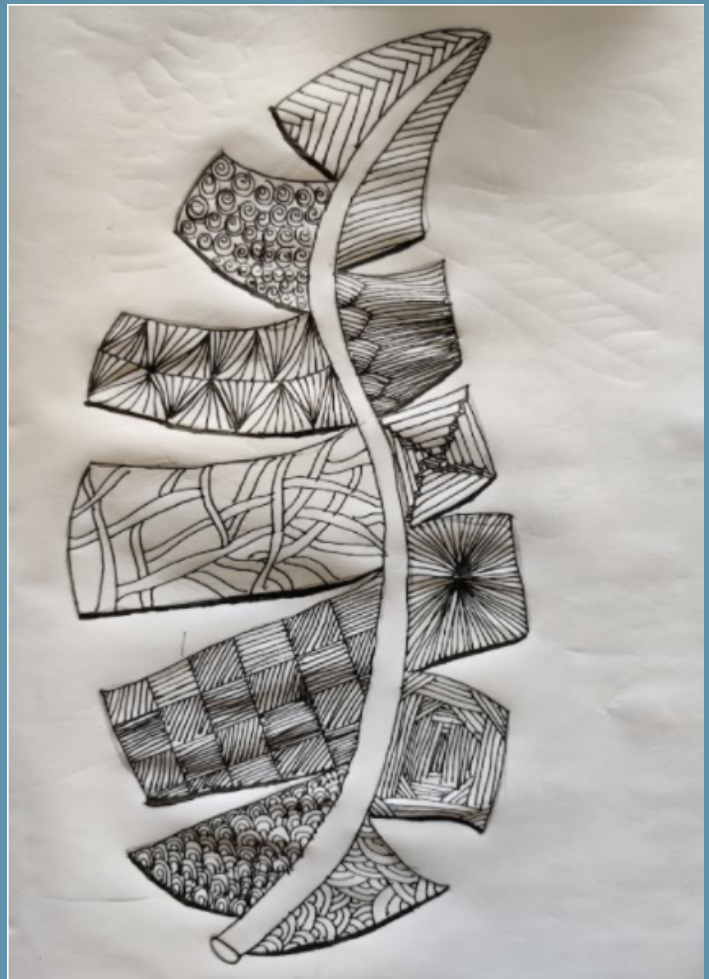
Aarushi Vignesh
Grade 7



Sumadhura Y
Grade 7



Sumadhura Y
Grade 7



Aditi Vinod
Grade 7



Chethan Gowda
Grade 8B



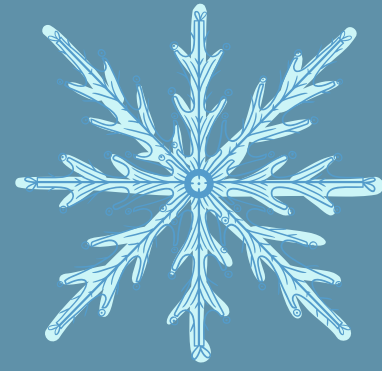
Darshan L
Grade 8B



Chetan Gowda
Grade 8B

WINTER HOLIDAYS

.....



The winter holidays were nice and long
However I feel that nothing went wrong
Inside the mind of an innocent child
Seemingly it would be wild
Instead thinking of the parties he will celebrate
In the winter holidays he set the date 15 days... 15
days...15 days...
They just went by like light rays
And when the winter holidays came to a halt
We all go back to studying, putting the celebrations
back in the vault.



Ibrahim Yasir Shareef
Grade 9

THE NIGHTMARE



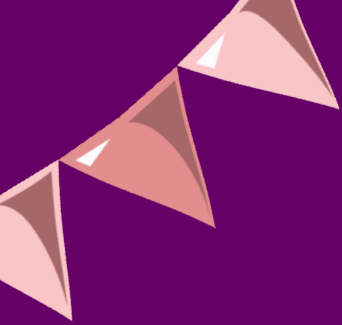
Thomas angrily slammed the door of his house and sat on the couch. He was exhausted and he wasn't sure whether he could carry on being a janitor anymore. He carefully poured himself a glass of wine and thought about all the other possible jobs that he could sign up for rather than constantly mopping up dirty toilets and floors, and it felt almost nauseating to him, especially since he was a germaphobe.

The trouble was, he desperately needed a job since his father was unwell. He sipped his wine and thought carefully about the advertisement that he had seen in the paper for a clerk at a store, but he wasn't ready to take any risks, he really needed a job. He sighed and decided to sleep on it.

He fell asleep as soon as his head hit his pillow, since he was completely drained, and he immediately began to dream. In his dream, he was back at the janitor's closet at the restaurant he worked at, and all the cleaning supplies were thrown out on the floor, with water dripping everywhere.

Each of the mops and buckets started shaking, and it felt like there was an earthquake. The plungers started chanting in what sounded like Latin to Thomas, and at this point, he was so confused that he just gaped at them in surprise. The deodorizers and toilet brushes started chasing Thomas, who was extremely baffled at this point, and he started to run. He tripped on a bottle of disinfectant, and woke up, breaking into a cold sweat.





“That was the final straw, I’m quitting”, he murmured quietly under his breath as he tried to control his breathing. Honestly, he’d never enjoyed being a janitor, and it wasn’t that well-paying either. He knew he’d be better off working at the supermarket as a clerk.

The next morning, he walked up to his supervisor and handed in his notice, and he did his best not to make eye contact with the plungers. However he failed, and nearly tripped into the closet since he was so nervous, and the supplies all fell to the ground. He stuffed them all back into the closet, and fled from the place as fast as he could, finally being able to breathe a sigh of relief.

Ananya Sunder
Grade 9





MY HOME

.....

walking through the door
a rush of memories fall upon
times, some happy some bad
cant believe it's all gone

grew up in this house
only to call it home
can't imagine someone else living here
to turn it back into a dome

long gone I hear
every corner filled with stories
to be rewritten by someone else
all the walls hiding memories

everyone said home is four walls
but home is what I feel when I'm with you
home is the peace I get when my head lies on your shoulder
what a my home was, only I knew.



Subbu S Reddy
Grade 9



Colours are wavelengths reflected by objects to the human eye.

White is pure light and black is the absence of light.

In many cultures, these two non-colours are associated with life and death rituals.

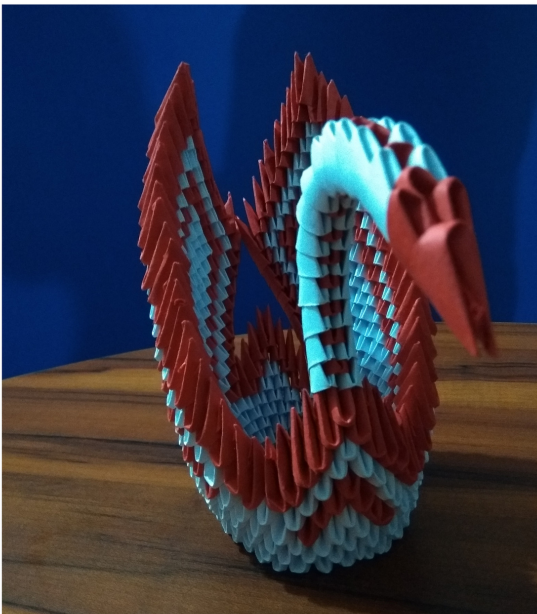
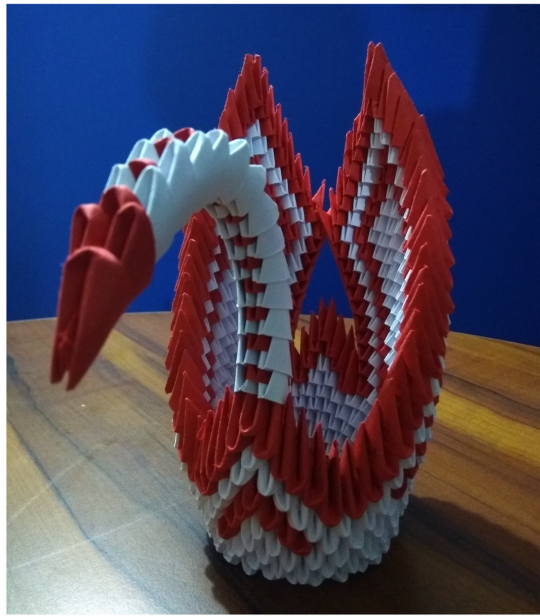
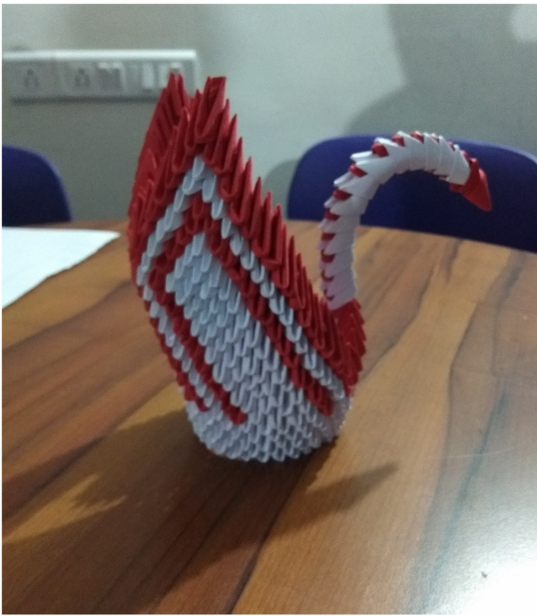


Chinmayee Bhardwaj

Grade 9



ORIGAMI



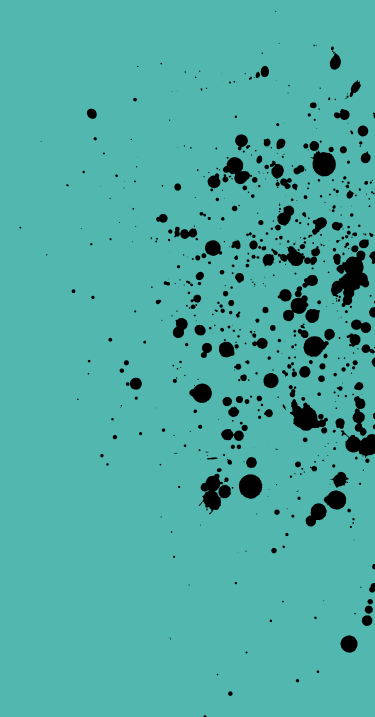
Chethan J Gowda & Manoj M

Grade 9

2022

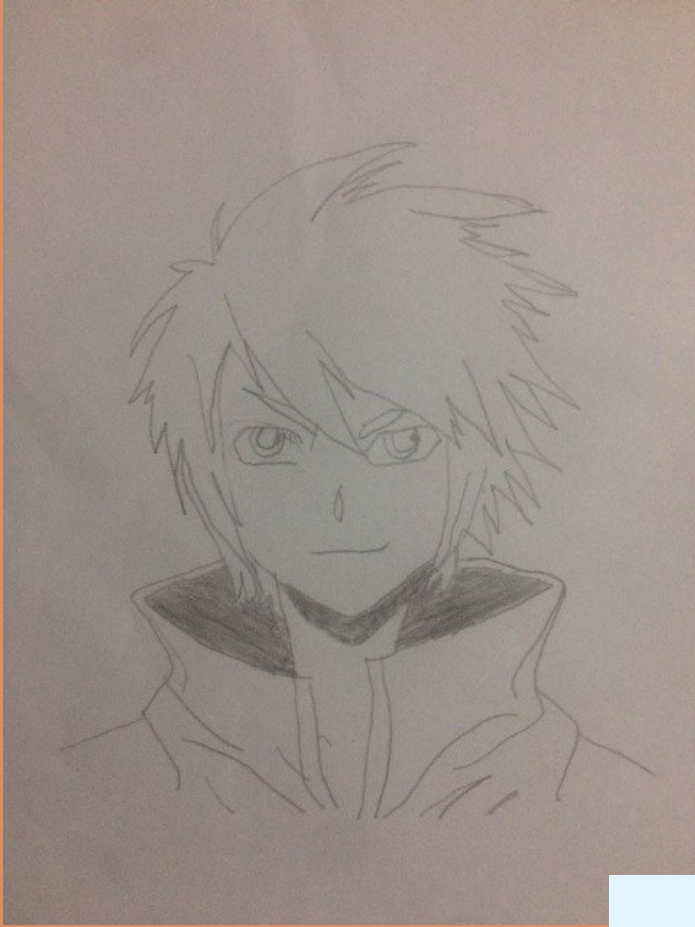


Farzana Haris
Grade 9



Ishaan Sodhi
Grade 9

ANIME DRAWING



Nishanth Puttanna

Konanahalli

Grade 9



Manoj M

Grade 9

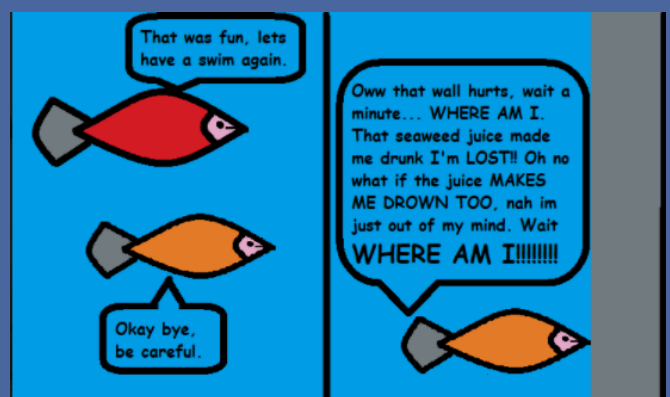


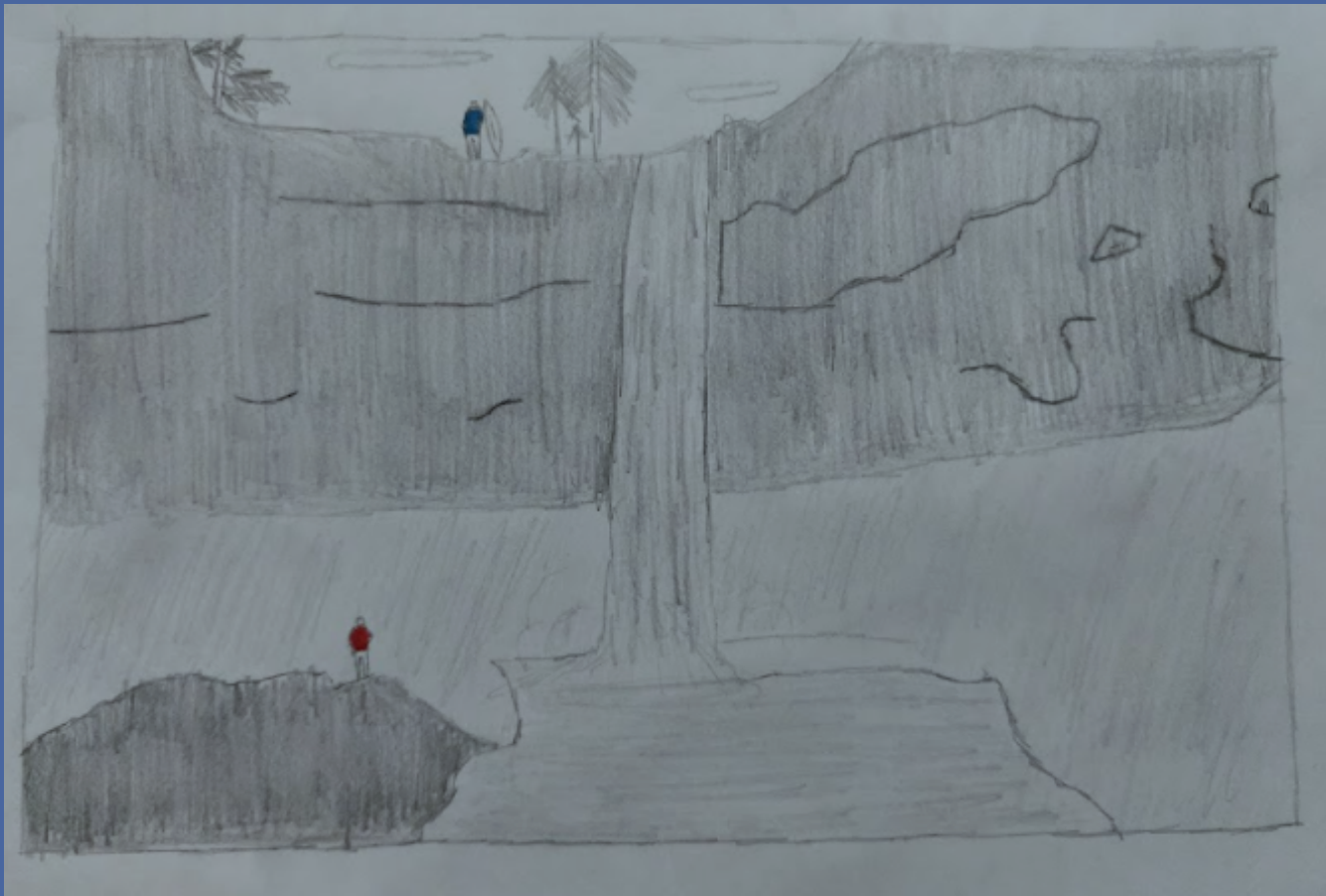


Chethan M
Grade 9

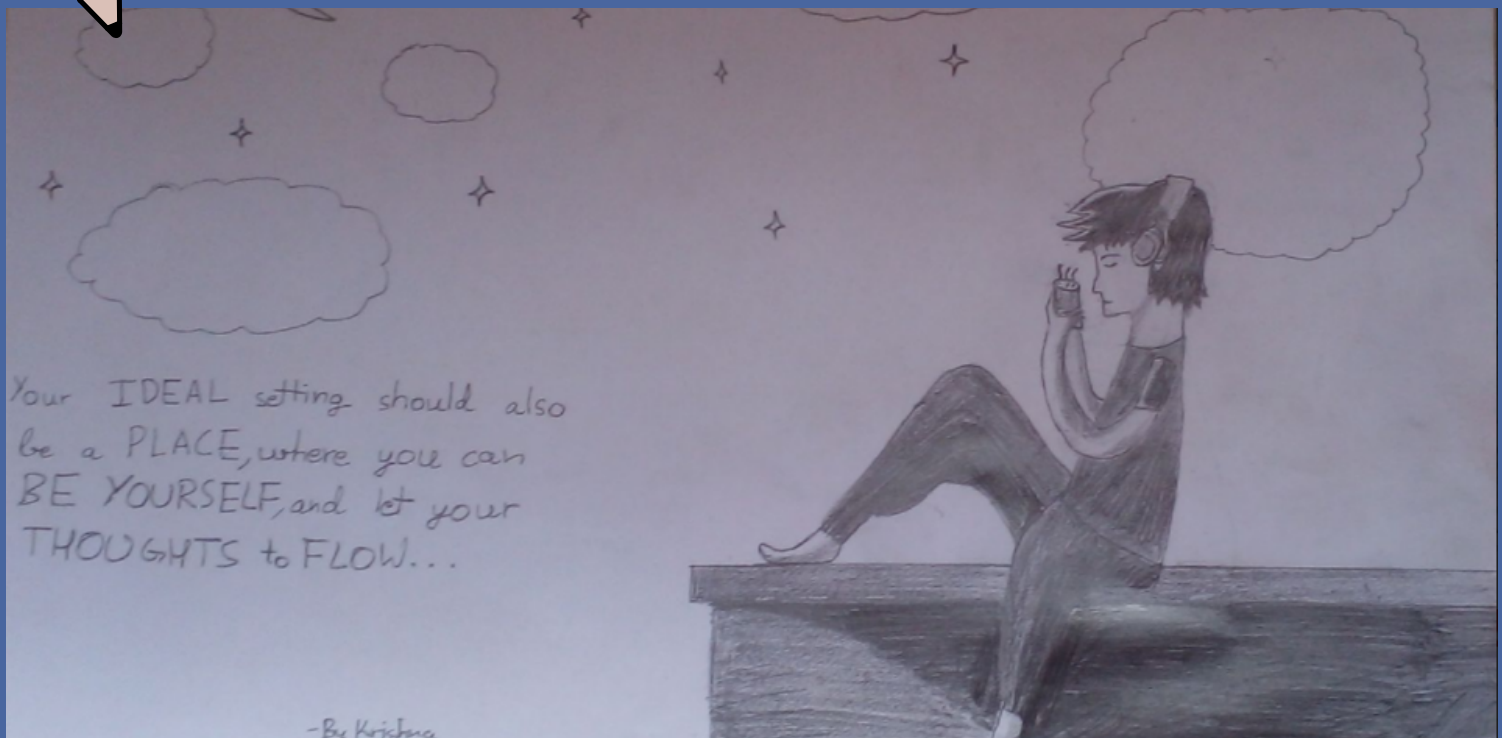
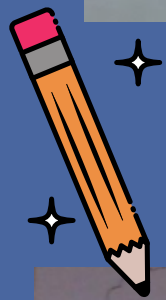
MEME CORNER

Harsha Balaji Y
Grade 9





Anirudh Jalla Reddy
Grade 9



Krishna Chaitanya Reddy Mahasamudram
Grade 9



MATH TRICK!

Cube roots

This method is an easy way to find the cube root of perfect 5 and 6 digit cube numbers.

- $1^3=1$
- $2^3=8$
- $3^3=27$
- $4^3=64$
- $5^3=125$
- $6^3=216$
- $7^3=343$
- $8^3=512$
- $9^3=729$
- $10^3=1000$



Eg 1: 17576

Step 1: Break the number into 2 digits from the left and 3 digits from the right

17,576

Step 2: find the closest cube number from the list

For 17 its $2^3=8$

Step 3: Find the cube number that ends with 6 from the list $6^3=216$

so the cube root of 17576 is 26

Eg 2: 175616

Step 1: Break the number into 2 halves starting with the right

175,616

Step 2: Find the closest cube number form the list

For 175 it is $5^3=125$

Step 3: Find the cube number that ends with 6 from the list

For 6 it is $6^3=216$

So the cube root of 175616=56



Shaman Bharadwaj
Grade 9



Sirichanok Nitatvijit
Grade 9

How has technology positively impacted students' learning?



Technology is a ginormous medium in today's world and it plays a vital role in our everyday life. It has assisted people to modify the natural world and resonate with their purposes. The word 'technology' is derived from the Greek word 'techne', meaning art. The era of technology emphasizes a grand scheme from the wheel to artificial intelligence. Many jobs that don't require technology in past decades now rely on technology. Our consumption of technology has become widespread over the years, as of January 2021, the number of people actively accessing the internet reached 4.66 billion.

From the ubiquitous nature of technology, where used by students and adults for web surfing, social networking, interactive games, etc. We are evolving technological society and becoming dependent on its use. Thus, the use of technology was pioneered in e-learning. It had a positive impact on student learning, causing students to be more engaged and willing to learn. Technology has provided a hands-on experience of learning opportunities that enable them to conceptualize subjects in a far easier manner. It enables students to incorporate opportunities to meet their peers resulting in learning together. These factors lead to a positive impact on motivation. Students see these kinds of technologies as nifty and extremely pleasurable tools.

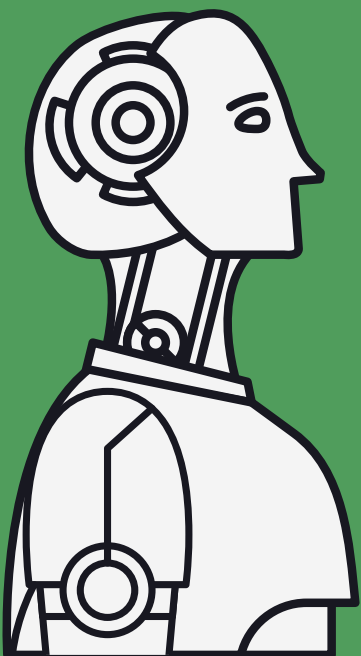
These were the very same students accustomed to these types of technologies that will connect when using technology at school. If their learning environment mirrors their involvement with the world, they will succeed in their education. Many studies have shown the likelihood of using technology in a classroom is beneficial. Technology can be used as an intermediate by forming meaningful connections which encourage students in critical thinking and social situations. Thus, these will help in preparing them for their future. With the numerous online websites, technology can help in improving teaching.



Teachers can use trusted sites to redefine their style of teaching and to keep students engaged. Online class plans, grading software, and online coursework can help teachers and students in touch to save time.

This valuable time could be used for paying attention to students who need to understand a particular concept. When using technology in a class, both teachers and students can improve in their skills essential for the 21st century. Students gain the skills they need to apply those concepts in the foreseeable future. Modern learning is about collaborating with others, solving complex problems, critical thinking, developing different forms of communication and leadership skills, and improving motivation and efficiency.

Technology helps in developing practical skills, including creating presentations, learning to differentiate the reliability of sources on the web, balancing diligent online behaviors, and messaging through emails regarding the context. These are notable skills that are developed in a classroom. We can conclude that technology has a positive effect on student learning and outcomes. Evidence shows that the department of education reinforces the idea of 'connection' through the use of technology by making it more apparent in public and private schools

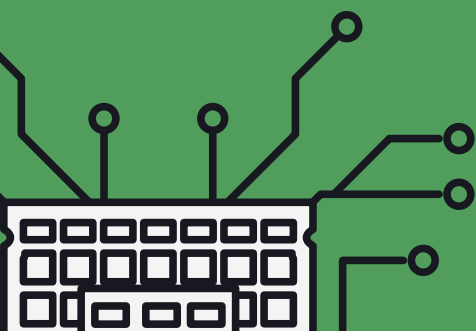


Vijaysimha Naidu

Edited by

Nithil Sivakumar

Grade 11



Can you find me?



Famous Car Brand Names

W	H	G	S	S	O	G	S	Q	D	D	S	E	D	E	C	R	E	M	S	P	J	K
H	M	G	D	C	E	T	S	A	S	O	L	V	M	O	Z	B	M	W	T	C	G	L
X	A	D	J	B	A	I	Y	V	Y	M	R	B	F	I	E	G	O	L	U	G	W	T
G	H	G	O	D	T	L	W	N	B	P	L	O	N	M	D	T	B	Y	J	D	T	R
A	I	Q	X	V	Y	S	K	O	D	A	D	Y	L	P	A	S	P	Y	H	M	F	Y
E	N	N	U	Z	F	E	S	N	M	I	C	X	G	L	W	E	M	A	F	U	Q	V
K	D	E	A	W	T	K	F	I	W	O	N	D	U	W	S	H	Y	P	N	Q	P	Q
E	R	G	L	R	E	V	O	R	E	G	N	A	R	S	T	R	R	B	Z	O	O	A
I	A	A	F	B	N	B	P	Z	B	G	Q	V	Z	I	X	Q	O	O	G	N	N	A
A	E	W	Z	V	Y	D	M	L	H	W	S	P	B	Z	R	Z	O	Y	O	F	I	W
I	P	S	U	T	K	X	B	B	D	D	E	U	Q	C	G	V	Y	C	C	F	D	U
O	J	K	O	X	Y	T	L	F	L	Y	F	W	Z	B	S	B	R	B	C	E	T	F
H	V	L	S	H	C	N	L	A	D	L	M	P	K	U	K	X	H	N	D	D	P	Y
X	S	O	F	W	J	D	Z	P	H	V	I	U	Q	C	K	S	C	B	Y	Z	P	N
J	S	V	Q	B	M	W	L	X	P	B	Y	L	K	O	X	I	I	U	T	M	Q	G
U	F	P	V	E	H	C	R	O	P	Y	T	T	O	Y	O	T	A	Q	T	Z	L	H

Find the following words in the puzzle.

Words are hidden ↑ ↓ → ← and ↘ .

BMW
MAHINDRA
MERCEDES
PORCHE

RANGE ROVER
ROLLS ROYCE
SKODA
SUZUKI

TOYOTA
VOLKSWAGEN

Matta Nihal
Grade 9



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*NEXT RELEASE:
MARCH 15TH!*

